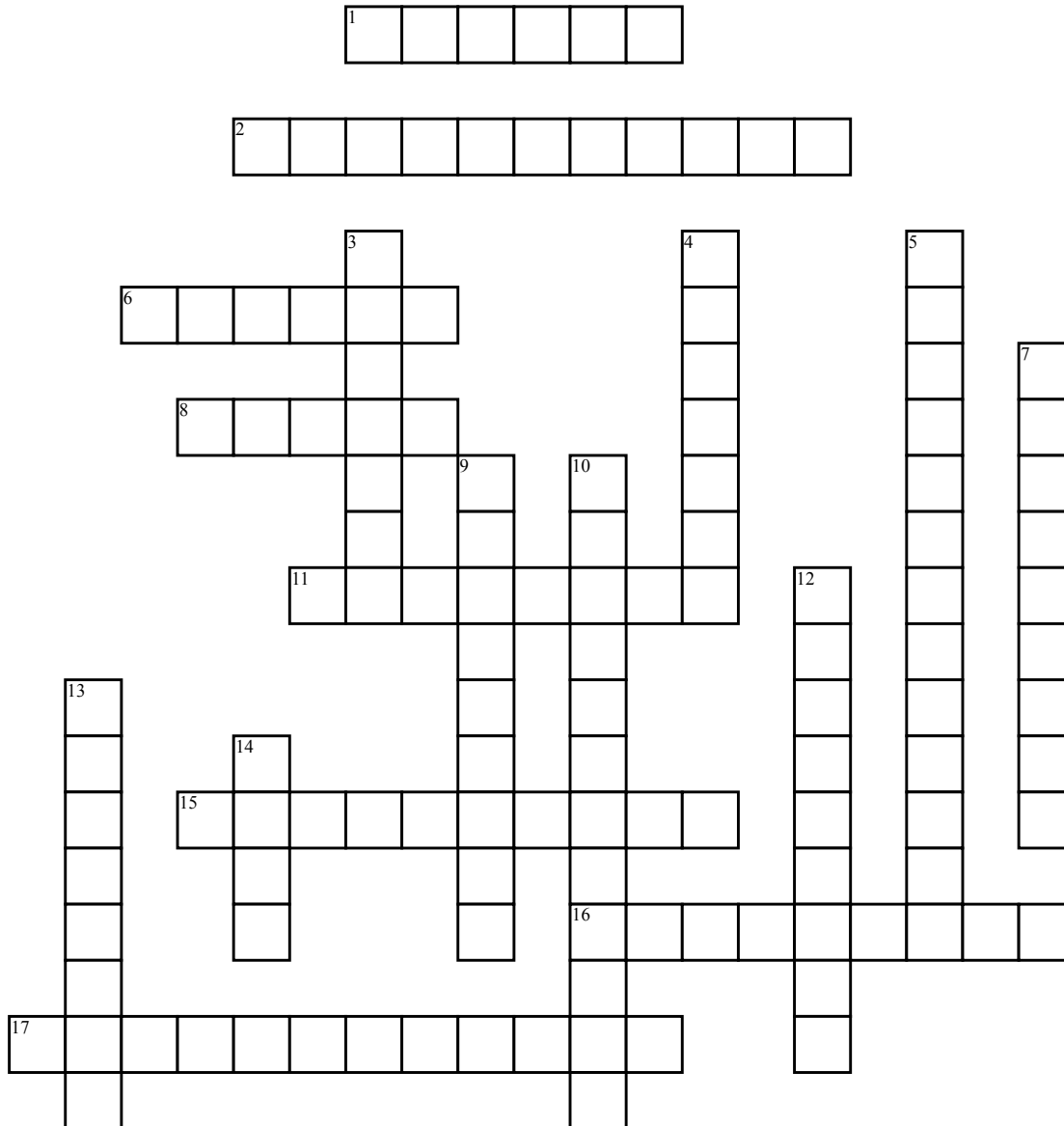


# Emotional Development



**Across**

- 1. Complex emotions that emerge later than basic emotions. Also called "self-conscious" or "moral" emotions are called \_\_\_\_\_ emotions.
- 2. Children read another's emotional expression to determine how they should respond in an ambiguous situation is called social \_\_\_\_\_.
- 6. \_\_\_\_\_ strategies are used to deliberate attempts to change thoughts or behavior to try to manage strong emotions.
- 8. Universal, innate emotions appearing in the first months of life (interest, joy, sadness, anger, disgust, and fear) are called \_\_\_\_\_ emotions.
- 11. An emotional response that consists of feeling concern for a distressed other.

- 15. A common internalizing disorder in which feelings of sadness are severe for at least 2 weeks or are milder but chronic.
- 16. The ability to regulate your own emotions, and read others' emotions, so that you emerge from an emotional event having accomplished your goals. This is \_\_\_\_\_ competence.
- 17. Altering the expression of felt emotion by expressing no emotion or a different emotion is called emotional \_\_\_\_\_.

**Down**

- 3. A common internalizing disorder in which the child feels worried about future threats, or threats to the sense of self is called \_\_\_\_\_ disorder.
- 4. An emotional state similar to what another person is feeling that results from perceiving the other's emotions.

- 5. The long-term process of adapting to a new culture.
- 7. Perceiving the emotions of another person is called \_\_\_\_\_ perspective-taking.
- 9. The meaning given to an event.
- 10. Emotional \_\_\_\_\_ is the ability to use emotions to guide thinking and to think intelligently about emotions
- 12. The emotions of one's person, through facial, vocal, or gestural cues, generate a similar emotion in another person is called emotion \_\_\_\_\_.
- 13. The self- and other-focused experience of taking on a friend's distress and experiencing it as one's own
- 14. A dispositional proneness toward anxiety in test situations that interferes with performance is \_\_\_\_\_ anxiety.