

Emotion and Motivation

W I L L I A M J A M E S Y S T Y S
Y K E G V H J H C T B F R A R S U
A L Y J Q V X V L B C U O O S T R
W F V V U A P U X U K E E C W A A
A H V S J J Q R N T O H H A I N Z
L A B R A T X B G V T Y T R A L A
T N D Q X Z M X F D Q T E L L Y L
E S V K O U Q Y R X N J G L Z S D
R S V Q H P G A A I M I N A V C R
C E B W I F B I O F F C A N K H A
A L Y I R N H P C J O O L G O A H
N Y J D O D T T K V I E S E W C C
N E I N V E L W T W W Y E E T H I
O P N W S P H X D D X P M G K T R
N A G B B G H R P I K C A R S E W
C H C A O B J D T N I V J X S R J
B S D E E N F O Y H C R A R E I H

Cannon Bard theory

James Lange theory

Hierarchy of Needs

Stanly Schachter:

Richard Lazarus:

Walter Cannon:

William James:

Hans Selye:

Carl Lange:

Set point