

Name: _____

Date: _____

Elite Boys Group

K K Q J X H R E Z T U S E H J D H M A L S A D Y
A T M F N T Q D X K S J V U B W L M A M T P K F
G P I G R Q L P M E D N B B U O Z C R F H G A M
N E N L B I Y K F A R Q M P H R L D K V G R M J
I Y D W T G E N S M K C X L D D Q D I I U O S O
R M F A F I N N S V B V I I X S V W N M O H F N
U H U T D S R H D T R O W S T E Y G D T H A P D
O Q L Z M Z K G Z S E M O T E A L C N K T P Q U
L O N D H C L E R D A I R E F R E S E L O P M E
O E E S K B R R V J T E R N K C N I S D S Y U I
C C S K P F P B E K H J Y I P H O B S U O B S B
X T S Y L J M F S G I P I N X C L U F P V X I R
X A M C F A S M T E N V N G C G S L Y S M G C N
E V U T W I W G O A G A G S Y P O L N O R P C H
N R O L L E S N U O C M J L D E G Y A B S N U M
P Q L C I O M R A H F L E S U E D I V H Q F Z E
W I A Z C Z Y T E I X N A O R L R N M Y U E W E
J L R M E N T A L H E A L T H S J G E U H F M T
M G N I X A L E R Z H C O N F I D E N C E W D S
T U M F J I G S A W N X O F I L J S U K X Z N E
W Z R J N I N O T A L E M C O A T P G O A L S F
I F R X T Y F E X M N C T J W J P M P O Z T Z L
G L A F M A E P L G D F O G V U L O M V D Y P E
J F E W T A L K I N G R E I W E C J C I N N J S

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|--------------|-------------|------------|------------|------------|
| mentalhealth | mindfulness | confidence | selfesteem | wordsearch |
| counsellor | listening | colouring | breathing | melatonin |
| worrying | relaxing | exercise | kindness | bullying |
| thoughts | selfharm | friends | talking | anxiety |
| lonely | jigsaw | anger | happy | goals |
| music | sleep | calm | walk | sad |