

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Elements of Dance

U U F D H B E X Y H S X X D G A P  
V S L K T G U H R S M O O T H U H  
G W T S J T I M M S C L B L C P L  
G I E Q B J W H R M B Y A U U O U  
Y N E E N E R G Y C R F O R W T S  
U G M L O C O M O T O R E Z G G G  
M Y I N Q R E Y I I Z Y E H J E A  
S J T P I E D W I J E K Y O E X Z  
F C C D R O L C A B P P G V H S G  
P E J F B H T A W P A D B A A M I  
D E T S I W T E I V H Y M F L A Z  
H E F O B H W I I X S Q K E A L L  
G X P O F J W W J O A B W A D L T  
K X D R U F Q W S H A R P U H P S  
Q T P F R W X B U I Y V R U C S A  
V X E R B O U N D U Y B Q N R P F  
T H G I A R T S V T S L O W J P Q

locomotor	straight	twisted	energy	smooth
swingy	zigzag	axial	shape	large
small	bound	sharp	shaky	curvy
body	free	high	time	fast
slow	low			