

Effective Time Management

T M I L P U T S S R N C K F U S N N O X J S X C
C O Z T F W L I J Q N S F J E O U P P S C Y V O
C N T X C F S L L I K S G N I P O C W X Y J U M
Y I B Q R U X L Y K R S Q U E S T I O N I N G M
D E C N E I T A P J G E S A K G N U V F Z M U U
E K G K O S P B W K O L T L B T O S Q U M M K N
W N L X I M T N I S D F R Q Q C I E I Z T B I I
C O O L R T V H M S O A E D L F T L I Y G Q Z C
I I Y C P R R T R E U W S V V J A F W L W W I A
N T J I S C E G B N T A S V T E G M I J F J H T
V A G B I M C N D E S R M Q P R E O Y H J O D I
E S E G G M O I W V O E A K F C L T X Z Y L D O
W I Y R K Z R T P I U N N L W L E I K Y R Z V N
T T Z C R O D T L G R E A S K C D V I W W K V S
N I A P D W K E A R C S G I F Q G A F J T R W K
C R O E L Y E S N O I S E R K E H T I A B X H I
Y O Q W O P E L N F N M M M Y W A I I O I K D L
T I Z V F B P A I C G A E X D E G O G R H A Q L
B R J H P M I O N K A L N P N U X N E W I I L S
E P B L Z L N G G V A J T S R V B K R U C G Q H
D J H K N K G G N I K A M N O I S I C E D B L M
U L O N Z C U Y N O I T A Z I N A G R O U L S D
C T T Y C H A L L E N G I N G D F O M O Y O M I
K Y Q H U V T Q Q L Q V U B G V I B G R D L Q U

Communication Skills
Self Motivation
Prioritisation
Goal Setting
Challenging
Patience

Stress Management
Record Keeping
Coping Skills
Forgiveness
Questioning
Planning

Decision Making
Self Awareness
Organization
Outsourcing
Delegation
Focus