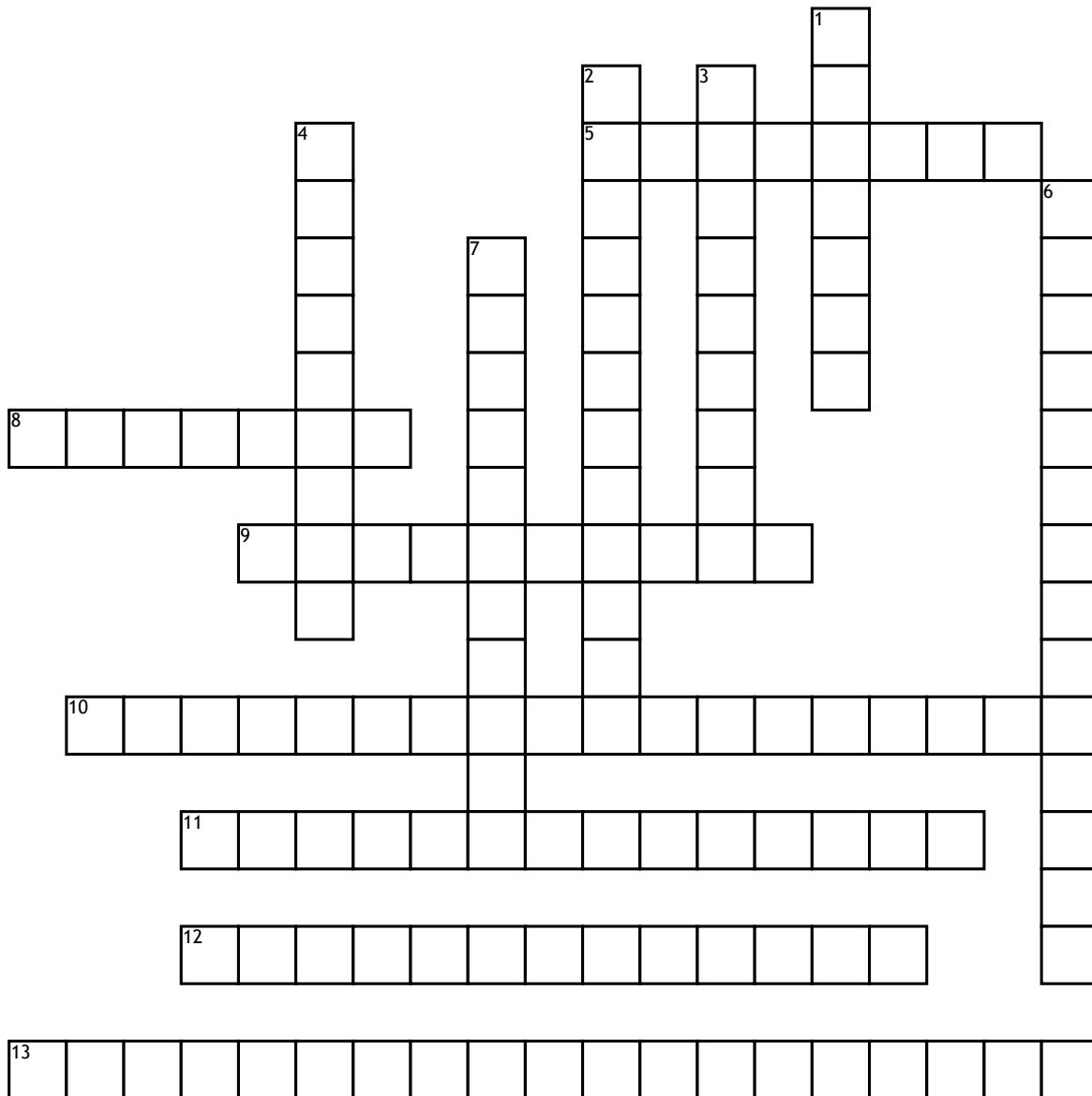


Eating Disorders



Across

5. Severely cutting calories by eating very, very little
 8. The habit of eating well beyond the point of fullness compulsively
 9. A measure of how much you value and respect yourself; one's feelings of high or low self-worth
 10. A condition in which a person keeps bringing up food from the stomach into the mouth (regurgitation) and re-chewing the food.

11. Any of a range of psychological disorders characterized by abnormal or disturbed eating habits (such as anorexia nervosa)
 12. A ratio that allows you to assess your body size in relation to your height and weight
 13. An eating disorder, characterized by a delayed circadian pattern of food intake

Down

1. A condition of having excess body fat resulting in being greatly overweight

2. A condition caused by a diet lacking one or more essential nutrients
 3. The way a person thinks his or her body looks, which may or may not be the way it actually does look
 4. Medications or foods given to stimulate bowel movements
 6. A chronic mental illness in which an individual cannot stop thinking about a flaw in their appearance – a flaw that is either minor or imagined
 7. Eating large amounts of food, often in secret, and then purging