

Name: _____

Eat Fit - Healthy Eating

R P W E E O J X K Y K W P D Q M B R E A D Z N E
C K U Q U H Q K X R A E P Z V V O P K G Z Q E P
O W L Q E I Z F A V J N D O E Q F H O U N V F A
K L I M D Y L H R H C I C X A S G C H C B S B R
G I Z Z F Z Z W I M T X A H N B U E S V L N U G
X S E X P Z A C C D Z D R R S F A L A X L P W Q
V J Q C F H F U Y J Q R R T E Z P P U R E H F D
N G Z E R T E K I K P L O Q Q J H P Q U M I H K
B I G G U I Z I U Q Q L T J Q C Q A S V I W W Z
V P W S I L K N X Z R E K C A R C A U X P K B X
U N Z T T J K P M U S G I A Q X X Z D A U B K R
N H E R L K P V U B W G N H W G O R Z O T A O D
G V F A J X V H L N D E P A J R H S E T H B S Z
R E A W O U E D P R L F N V X U W S N A W W E Y
L L P B Q M U F H V W W A W J U D B U M X A V M
W B W E N S J N V V W N T G Z W Y I M O M R O G
I A A R O S C O R F E Q R X K R L M X T D B D H
E T T R S T U M P K C G H O E Q D B Y V T U L R
H E E Y L E C E X Z D W C I A P Q Q L T H B S W
Y G R L T F I L P Z D X Y O F N I Z V D G N I M
Y E X U A N A N A B R U I C C M A N G O G R K I
Z V O O J I A H Q D R B Y N E J V I A Z Q E V Q
K O Y R R E B U Y B T N C H D A O Z Y P B N D D
U D B M A H F M H T F X S I F G Y O G U R T X N

STRAWBERRY
YOGURT
MANGO
WATER
PEAR

VEGETABLE
TOMATO
LEMON
FRUIT
MILK

CRACKER
CARROT
BERRY
GRAPE
PLUM

SQUASH
BANANA
BREAD
APPLE
EGG