

Name: _____

Date: _____

EXERCISE

Q J M O Q H P W T M I R U A B F C M G Q F T U Y
T B H C J T G A O O H P T J H Y J D M O X A Q M
M A R Z O E V T H D C O I R L J U K H Z F O H T
C P N H G D A C Z G O S T E O P O R O S I S Z X
A S W O H I H C D D Z T W E S D E Q Z S M Y G B
P P B Z R P S G G S L A F T K A J X J O C F L W
W R O B R E I J B H T Q R H M W H F E V V O H Y
Z I C O E Y X D R E J E X M N H U S I R O N S D
F N L T B L Y I R O T F P G M I A U Q D C F V P
T T Y Q J E G B C C G N P O I Z N S P E B I X S
X U O G B C S C H X O V I V P D Y R X U V R S A
F S N A H O Z I H Z E V V E B C E T V X Z R C E
L T E S L U P W T Q T T E Y S S S P E R P R M A
O H V N T X N V A Y A K P R S S L A L Y T G Z Z
A G L L L M T R D Q R N L U W Z B N R D N J A Q
K I W W J A M D B F T T R M Z E J Y M G M H K U
W E Y I E B L M M O R E X E O C I R T E I D E Y
Z W P W L G E X I Y A J F Z Z Y M G Y Q D N M I
Z D S B M V N E W G E A O V G R Q A H N Q M X K
M R P D V S E F S H H E N K L A W O R T K G X M
U G L A C O R O N A R Y H E A R T D I S E A S E
Z O P L K X G E D E P S E A Q R Y X X A H R B K
H N H J B Q Y B T K C V K D Z H A S T R O K E T
N R C S Y T Q R H R D P W A E K X O U I H V X V

CORONARY HEART DISEASE
OVERWEIGHT
EXERCISE
WEIGHTS
ENERGY
WATER
WALK

BLOODPRESSURE
HEART RATE
OBESITY
STROKE
PULSE
DIET
GYM

OSTEOPOROSIS
ANOREXIC
STRETCH
SPRINT
SWEAT
SWIM
JOG