

Name: \_\_\_\_\_

# EAT TO LIVE

F E V I T C A G E V P Y X M M L A  
S N I Q X Q J F W U Y H T L A E H  
L S X Y P H I R G N I T S A F S N  
A F E O I L R E S E A R C H V L R  
Z U H N U U S Y E H E S G B I W F  
A C S B L I J S L S H U T I B K R  
D Q U P C L V Z P E A A M P R N V  
S M B R I F E O E R J K S R A V E  
V K E F R R S W X F B A Y E N N G  
V X O U K V I F U Q A K D V T Z E  
E A I A R G H T S O V K S E O H T  
H T R N O U R I S H N A O N Q D A  
S E J I W Y Y G R E N E U T S E B  
C D T N E K G O S B F X L I I X L  
G T Z G J T E C N A L A B O M M E  
W A T E R S Y E S T U D Y N K L S  
D K M O V E M E N T W X A M Q W L

PREVENTION VEGETABLES EXERCISE MOVEMENT RESEARCH  
WELLNESS BALANCE FASTING HEALTHY NOURISH  
VARIETY VIBRANT ACTIVE ENERGY FRUITS  
SPIRIT FRESH STUDY WATER LIFE  
SOUL