

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Don't Doubt Your Ability!

Y G E S P S N X P M Y G R E N E Z  
Q I P E R S I S T E N C E S K H E  
F M E N I G A M I N W D A K V X P  
Y Y R A G E A P K W H A C L Y U Y  
C G U H F E C I T C A R P M S C J  
O P Q Q U X E V I T I S O P K D E  
N G O A L S N O P T I M I S T I C  
F Q W A P F V E R U T C I P T H P  
I W J L E S S T R A T E G Y U J B  
D F Z T I U P F O C U S B P T D V  
E F O Z V I G G W U D L R D O O M  
N E C E I D S R Y C E G E S D K L  
C D C L R B M U I V F S A R P Q H  
E Z W F U T C U V D E S T E U X B  
P B N H T A O Y Q D E T H H Y J I  
J Q L A B I L I T Y T O E P O B I  
D P E J B M N O L J Q J F H Q C B

Persistence	Confidence	Optimistic	Practice
Strategy	Positive	Breathe	Picture
Imagine	Ability	Energy	Focus
Goals	Mood		