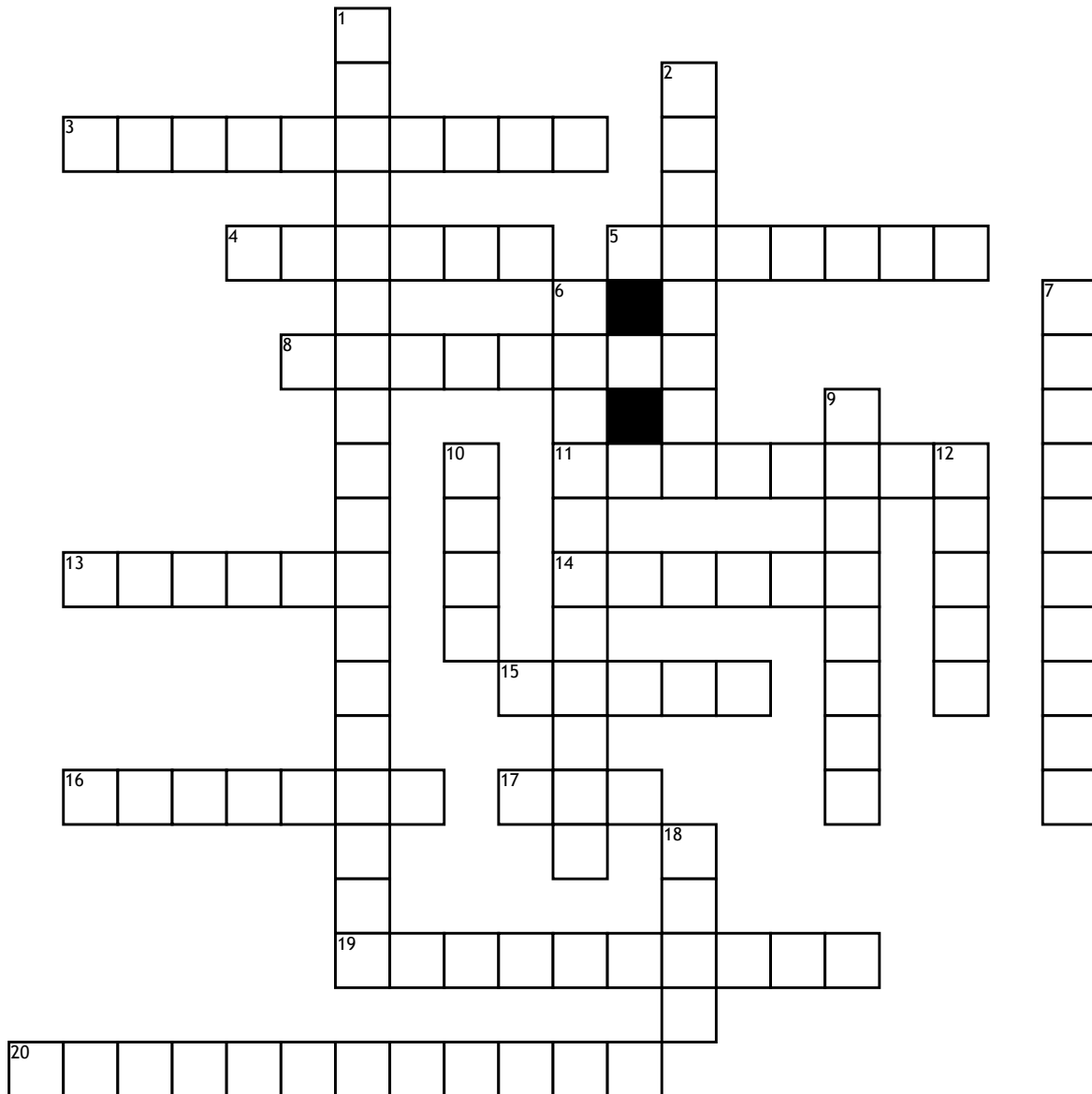


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Diving!



**Across**

- 3. In competition dives are given a score out of 10 and multiplied by a degree of ?
- 4. Common drill used to practise entries
- 5. Dryland equipment assisting with somersaults
- 8. Correct diving terminology for a handstand
- 11. When a back or reverse dive is over rotating, a diver may do this to give the impression it is upright
- 13. Method of creating a twisting movement

- 14. Direction that group 4 represents?
- 15. Number of half rotations in a forward 3.5 somersaults
- 16. Piece of equipment used for run throughs
- 17. Splash free entry
- 19. Axis the body spins around when somersaulting
- 20. On a forward entry a diver should be looking for?

**Down**

- 1. A method of creating rotation
- 2. flexibility exercise

- 6. Common poolside progression for a 201 c or b
- 7. Method of approach on a springboard
- 9. Method of creating a splash less entry
- 10. The letter d represents which position ?
- 12. Dives are broken down into starting position, take off, flight and ?
- 18. The last thing a judge sees when a diver enters the water!