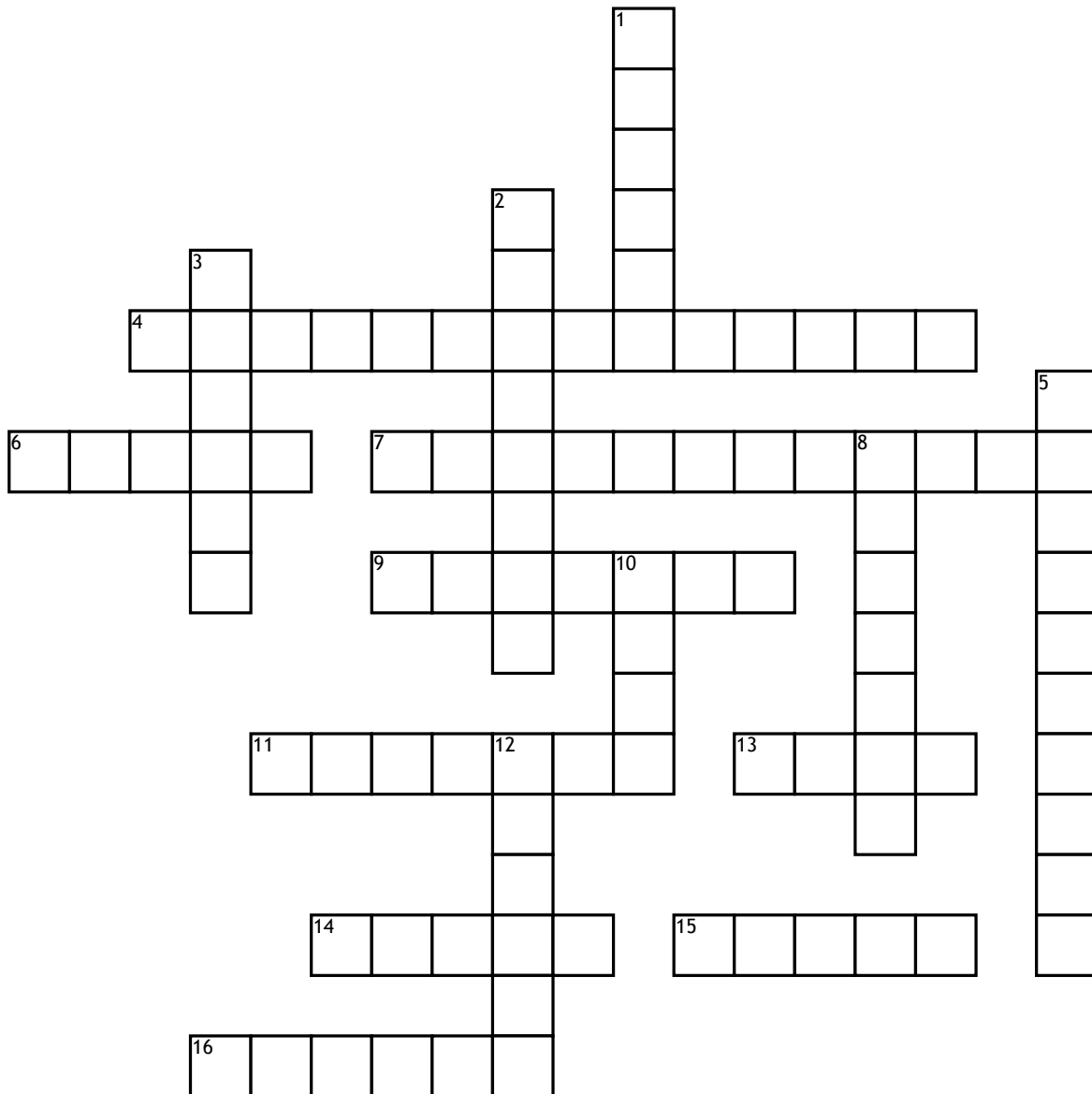


Digestion and Food Groups Crossword



Across

- 4. Which intestine absorbs water into the bloodstream?
- 6. What is the scientific name for fats and oils?
- 7. What food group should you eat more of?
- 9. What is a mineral you can get from dairy products?
- 11. What is needed for growth and repair?
- 13. What food group helps with insulation?

- 14. What food group do you get Vitamin A from?
- 15. These are used to chew food
- 16. What disease can you get from lack of Vitamin C?

Down

- 1. Sea food, milk and cereal is a good source of what?
- 2. What is an inorganic substance needed for good health?

- 3. What liquid in your mouth helps you chew and swallow food?
- 5. What is the tube that connects the mouth to the stomach?
- 8. What disease can you get from a lack of Vitamin A?
- 10. What mineral can you get from meat, nuts and vegetables?
- 12. What is carbohydrates needed for?