

Name: _____

Date: _____

Depression

Q G H L B U U B Y H T Y D P R I Y P Q K M Z B X
E I P E R F E C T I O N I S M Q M R O G B S R C
E P O C C G Y S H L H J H M S E G N E L L A H C
A Y D J J Q L K R G M H P Q I K I S W Z H N M R
L A Y B Y E I M B D T N R D I U P D G H S B P U
O W K P P K F Q E L N J O J G M X I P Q T E Y M
N P G E S L I P A G H U L I F D A W P G R I C P
E T S X G J R E M P D F V P S T S C Q S E P C P
I N M O I E H T T G T S S P T U K N C U S D K B
M F N Z S L S L V T F A A I M H L N O W S A S P
D F K S A J E N U P D D T E Q V X E E I M F C X
Y L I T N Q J J S Z M U U P W I B B D X T Y L S
U O N A X C Q B L G D L P H Q I Q Y O M Y O V L
N E I A I Y F S M E L B O R P X F I C L T L M E
M N Z C E R J W M B W U M P H N D K R P I V D E
K Y P I T D Z T U U D J U V S N M Y W F T O K X
B W S E Y H C F B C I R A M B I V A L E N C E Q
A P K U E R P I Y R E U X L R M X M T E E M O F
N T J L P D E I R R O W A N P Z G T Q L D L W D
G O P Z F E T V A G V I U C B I F K C I I B O Z
E F E I R G L G D K N Q S Q Z M F K G N P Q W W
R B K U K B U Y Z E I N N Y K O J W S G L S B G
C U P R R H U E D S D V Y R A O X T L S A K A V
T L Y F T B O P A T X N R C V D A B I K K A C V

perfectionism
depression
feelings
worried
anger
cope

mental health
attitude
identity
denial
alone
sad

ambivalence
delusion
emotions
stress
help

challenges
problems
anxiety
grief
mood