

Name: _____ Date: _____

Depression Word Scrabble

1. RGNAY _____
2. NUMB _____
3. UILGT _____
4. YTEIANX _____
5. SOLHTGILFANE- _____
6. SSNEDSA _____
7. SIINAOMN _____
8. OENAL _____
9. PSOESHLE _____
10. ILOISNTAO _____

Word Bank

Angry	Self-Loathing	Isolation	Guilt
Anxiety	Numb	Sadness	Insomnia
Alone	Hopeless		