

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Depression Symptoms

X P O T I R E D N E S S K C G L P J G C D D T H  
W K M W Z E U M K E L X W T H U L A J R L M J B  
X P V M R E H J P O O R A P P E T I T E J P V C  
V P A U Y C Y O V E R S L E E P I N G C D H F Q  
R O V E R E A T I N G Q P T A V N V Z X B G R M  
D I S P L E A S U R E B I X Y I D Y O M J Q E W  
M X Y I K Q X Q C I R R I T A B L E B F T S I E  
W E X Y L F P Y Y B U L M A F Z G F J U N X A I  
L R V X R E M F F E G Y Z U M U A A B C J I Z G  
S L U G G I S H N E S S P O Q L H R Q I X X S H  
Q Z D E I A C W O R T H L E S S N E S S A M A T  
Y N T H O U G H T S O F D E A T H R K T P N G L  
Q R G W M F C X B J K P Q A Z Q I E A F K X Q O  
B X A Y Q D I S I N T E R E S T L S E W I L T S  
P O O R C O N C E N T R A T I O N T O L P U T S  
F O L G S T V Y Z C P I T K Q A K L Y O S B K M  
G Z N U B X F A T I G U E C F S K E J G A C P J  
L P F I Z S J X D E P R E S S E D S D L D U O M  
C M C L K P J H B S L D X F O L D S S O N R B W  
K I Z T C C W E I G H T G A I N U N E O E W L W  
Q Z H D S L E E P P R O B L E M S E E M S L F O  
J E H A H O P E L E S S N E S S V S O Y S O H Y  
P B D E V U V F I S M S A I B M E S O N Q R W T  
W D A A C P O O R S E L F E S T E E M G A Y C V

Poor Concentration  
Worthlessness  
Sluggishness  
Displeasure  
Irritable  
Gloomy

Thoughts Of Death  
Poor Appetite  
Hopelessness  
Disinterest  
Depressed  
Guilt

Poor Self-Esteem  
Over sleeping  
Weight Gain  
Overeating  
Fatigue

Sleep Problems  
Restlessness  
Weight Loss  
Tiredness  
Sadness