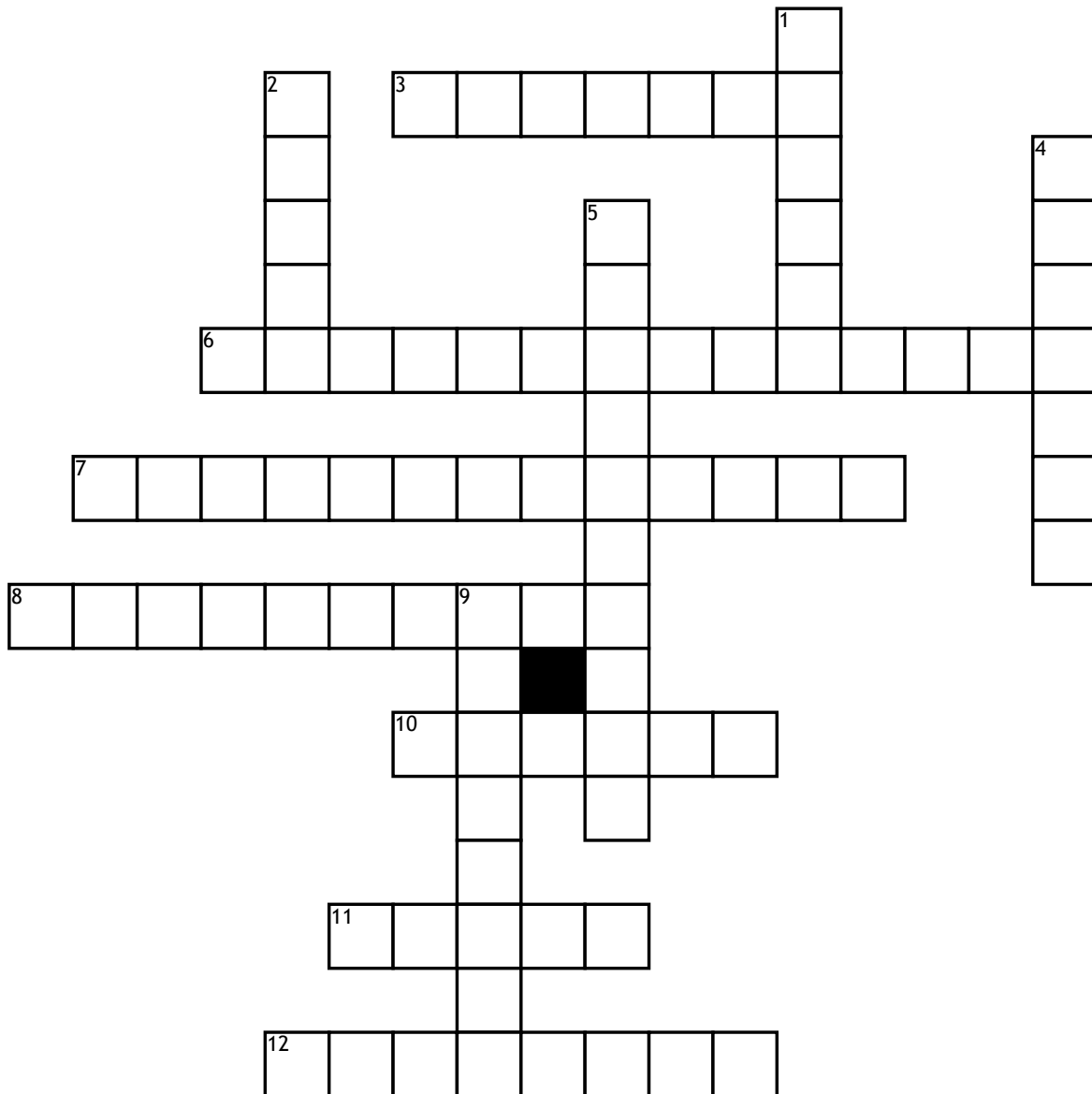


# Depression/Dementia



**Across**

- 3. There is no sure way to \_\_\_\_ depression or dementia, but some strategies can help.
- 6. Medication that can help improve the way the brain uses certain chemicals.
- 7. Talk therapy.
- 8. Most common cause of progressive dementia.
- 10. Loss of this alone does not mean you have dementia!

- 11. Depression and dementia are not a normal part of this.
  - 12. Group of symptoms affecting memory, thinking and social abilities interfering with daily life.
- Down**
- 1. Important life changes may cause this leading to depression.

- 2. Chemistry in this organ may be different in depression
- 4. Personal and family \_\_\_\_\_ may increase our risk for depression.
- 5. Is more than just feeling sad or blue.
- 9. Regular \_\_\_\_\_ and a balanced diet can help prevent depression and dementia.