

Name: _____ Date: _____

Defense Mechanisms

1. Make up for, replace, strength, substitute
 2. Convert mean to change
 3. Deny refusing to accept, believe, something unpleasant
 4. Displace means to move or take the place of
 5. Identify means relate or recognize
 6. Project means to blame another
 7. Rational means sensible logical
 8. A person acts in a way opposite to what he or she truly feels
 9. Regress means to move back
 10. Repress means to hold back or keep back unpleasant feelings
- A. Identification
 - B. Denial
 - C. Displacement
 - D. Regression
 - E. Projection
 - F. Conversion
 - G. Repression
 - H. Rationalization
 - I. Compensation
 - J. Reaction formation