

Name: _____

Date: _____

Dance Movements

K N K J D G O G G V Q F Y Q E H B
O O Z Y L L A A N P S F T Z C A W
R I P S G L L C J T R J X C N A H
G T Y X C L O C A K X R C E A X V
G I R U O E Y R H F D X Q J L H I
P S O P Z X J J E U K G W N A Q I
M O L N Y U K T X L N J Z X B R R
U P L I M O N Q I L K J U E D O F
J S Y P C V F M O T R N P A E L I
L H O W T A B Q I U B D A A T L Z
I A U A B J R W F R B T V J O O K
C L R L R C W T Y N D D V W O N V
N F H K A F E W W L S R M D F F C
E T E N D B J P T H U I I E E L E
P U A M Y B A E E N E F Q N N O U
O R D H A N D S H A K E R Y O O Q
Y N V B P U S E S K F M L J T R F

one footed balance
pencil jump
cartwheel
star jump
leap

roll your head
ankle roll
full turn
position
walk

roll on floor
hand shake
half turn
gallop
run