

Name: _____

Date: _____

DSA FOOT FIST WAY

M H E L B O W S T R I K E Q S H G
Y U L G O K G G N T N I R N E S W
C Y B X J N A N E O T J M A L V S
G H H A A S Y A C P E N U S F E Z
Y A A J S C Y R N S G O B O C R Q
X S O R X U P A A L R H A D O S W
J D E U Y I B W R A I C S R N N X
K O W T X E C H E T T B F U T R D
J U O S R H O B V I Y X G Y R E O
C X V N A U M T E V A N X T O T B
L U T G G L O C S X A G L O L T O
L J I R U G I C R D S Q J I Y A K
I G K A M N U U E P R V N G K P W
O Y H N O W Y N P M L F O Y A G H
S L S O L A R P L E X U S E R O O
T I R I P S E L B A T I M O D N I
G N I R R A P S S T E N E T P D T

INDOMITABLE SPIRIT
ELBOW STRIKE
COURTESY
HWARANG
WONHYO
TENETS
SABUM

SOLAR PLEXUS
VITAL SPOT
PATTERNS
BUSABUM
DANGUN
JIRUGI
MAKGI

SELF CONTROL
INTEGRITY
SPARRING
TOIGYE
CHONJI
DOSAN
CHAGI

PERSEVERANCE
JOONGGUN
CHARYEOT
YULGOK
DOJANG
DOBOK
TUL