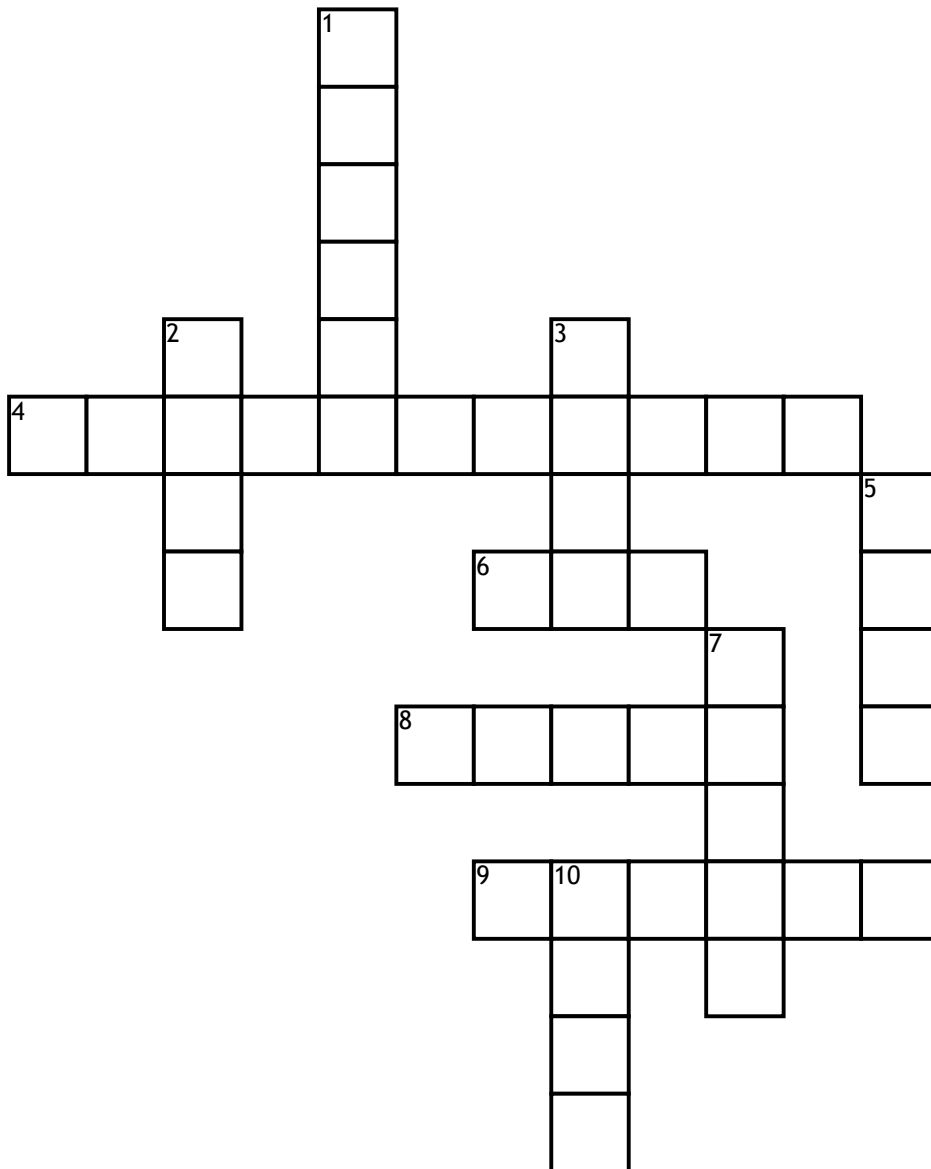


# Culture in the Zones



**Across**

- 4. A person may be \_\_\_\_\_ in the yellow zone
- 6. The Zone we need to take a break in
- 8. The Zone you want to strive to be in
- 9. A person make act \_\_\_\_\_ in the yellow zone

**Down**

- 1. The zone that creates anxiety

- 2. We are at our \_\_\_\_\_ in the green zone
- 3. One might want to stretch in this zone
- 5. Being \_\_\_\_\_ may cause a person to be in the blue zone
- 7. A person may tend to be \_\_\_\_\_ in the red zone
- 10. A person may be \_\_\_\_\_ in the green zone