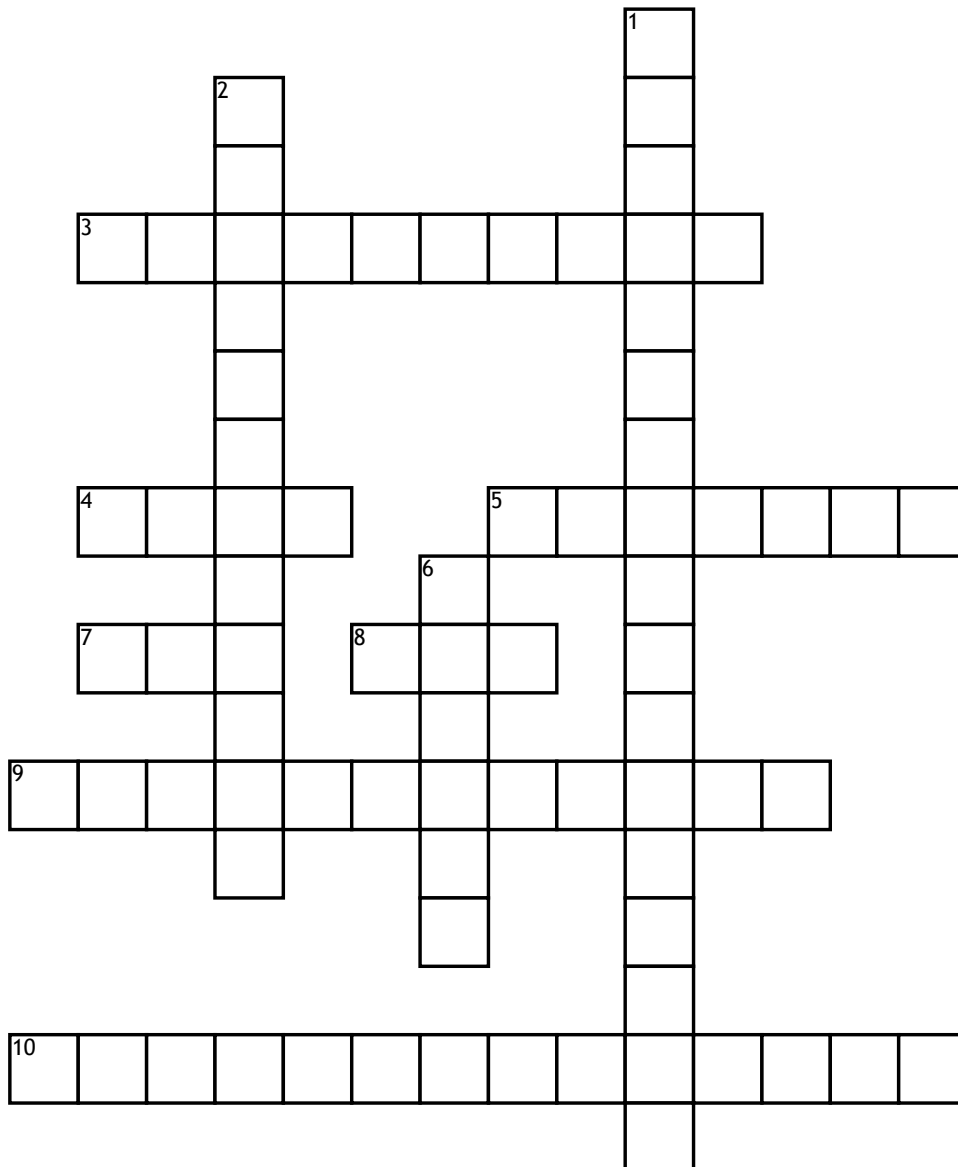


Crossword on sleep disruption



Across

3. One of the many consequences to sleep disruption
 4. Non-rapid eye movement
 5. Eating to much with not enough sleep can cause..
 7. Slow waved sleep
 8. Rapid eye movement
 9. When SWS is disrupted you have a decrease in this...

10. A disease that affects the function of your heart

Down

1. Students experience a decrease of this when sleep deprived
 2. Another term used for high blood pressure
 6. This decreases with lack of sleep