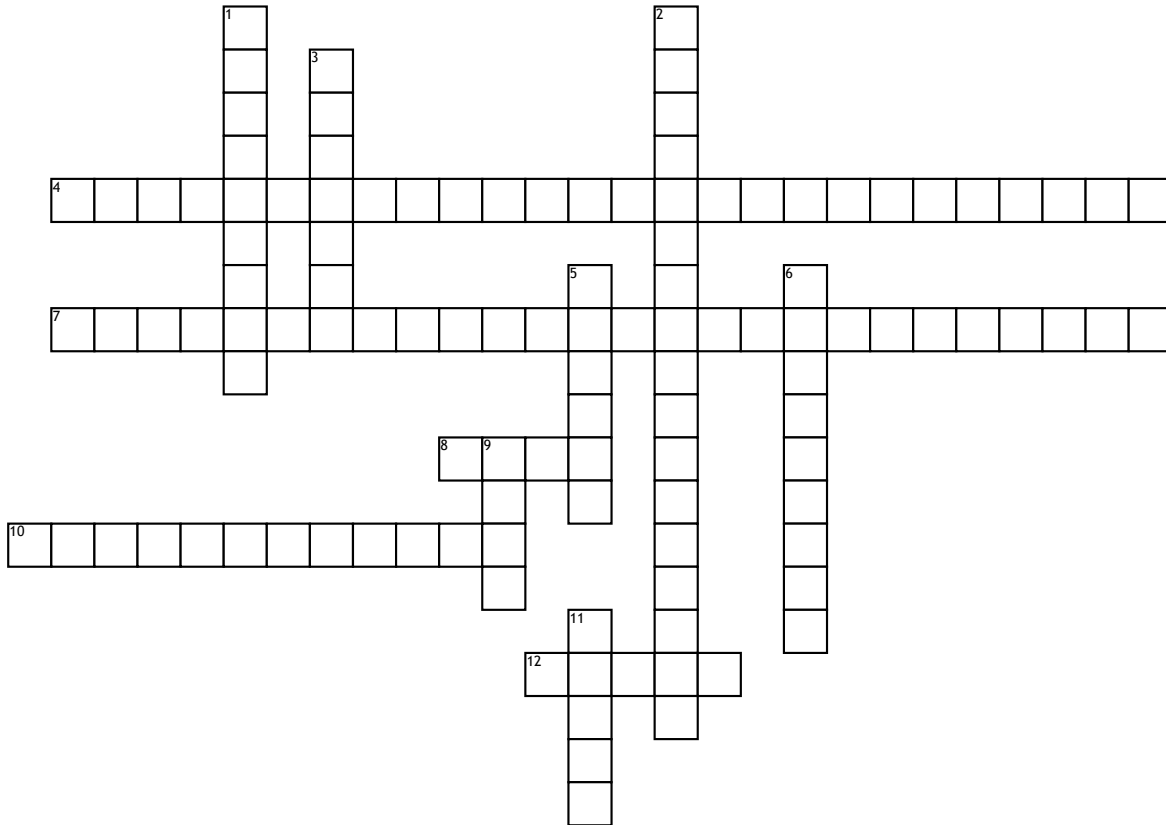


Name: _____

Date: _____

Coping Skills



Across

4. _____ is a therapy that helps people develop healthy coping skills.

7. What does DBT stand for?

8. T/F Hope is essential for recovery

10. We need to know _____ to recognize if someone is at risk for suicide.

12. T/F If you have thoughts about death, you will be hospitalized.

Down

1. A previous suicide attempt _____ one's suicide risk.

2. Impulsivity from _____ increase suicide risk.

3. Having connections with others _____ one from suicide.

5. 4-Hope can be _____ to 741741 when someone is in need of help.

6. CAMS-care allows therapists to treat people who are suicidal, in the _____.

9. _____ factors make a person more vulnerable to suicide.

11. T/F When you ask someone if they are suicidal, it will make them do it.