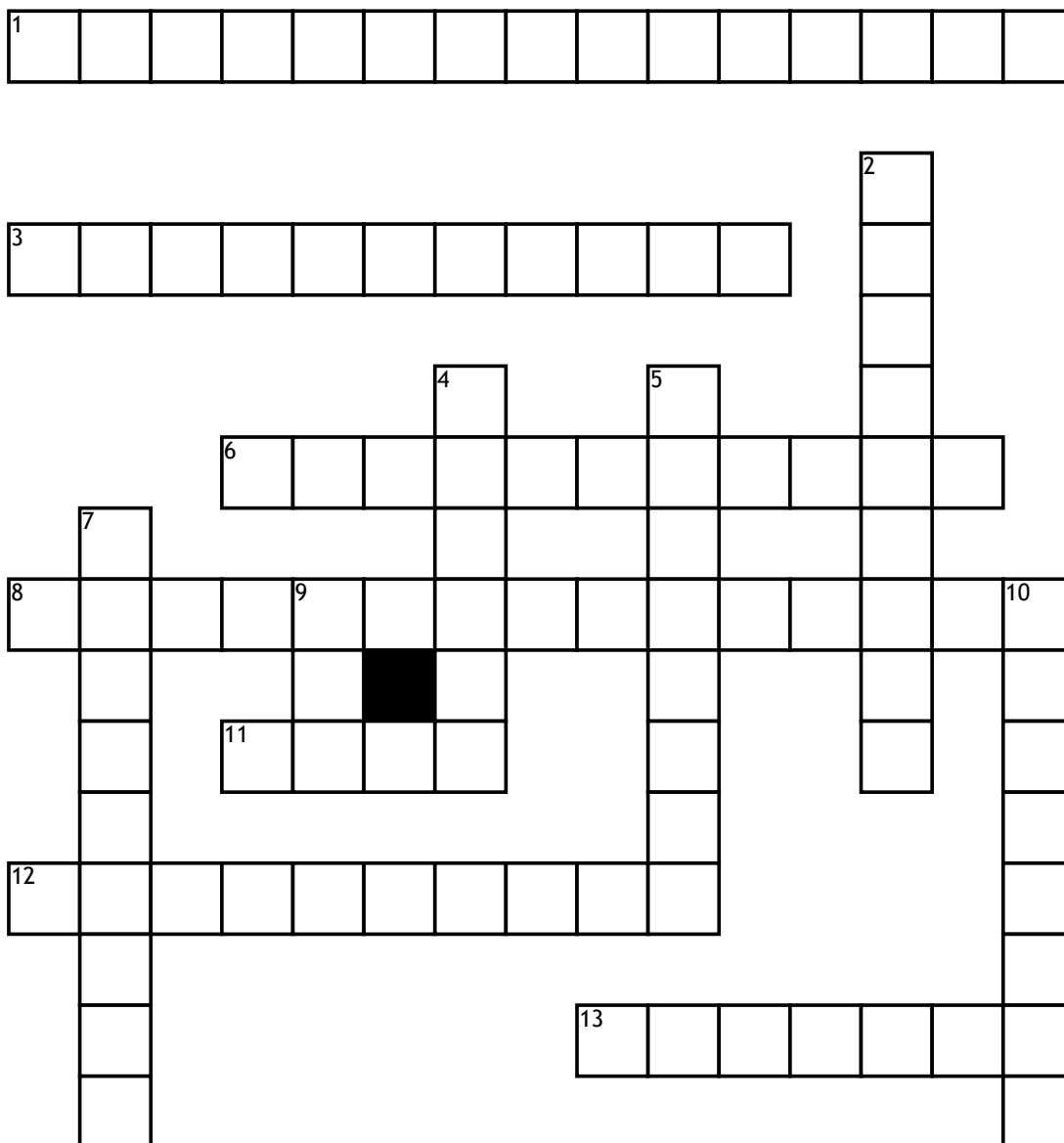


Name: _____

Date: _____

Coping



Across

1. systematic

_____, therapy where client is exposed for short period to get over their anxiety

3. severe anxiety and fear

6. medical terminology for sweating

8. replaced by new term of somatic symptom disorder or Generalized Anxiety Disorder (GAD) where something as simple as a sneeze is a sign they have a horrible disease

11. flashbacks, intrusive recollections, and persistent re-experiencing of a traumatic event

12. other word for cutis anserina

13. _____ withdrawal; vomiting, tachycardia, elevated BP, fever, agitation, seizures, hallucinations

Down

2. dilated pupils

4. _____ withdrawal; vomit, tachycardia, diaphoresis, dysphoria, dilated pupils, goosebumps, muscle cramps, diarrhea, restlessness

5. itchy skin

7. state of generalized unhappiness, restlessness, dissatisfaction or frustration

9. treatment that focuses on examining the relationships between thoughts feelings and behaviors to identify and change the automatic thoughts surrounding the anxiety

10. group where peers with a mutual common goal, voluntarily meet to provide support and guidance for the purpose of resolving and dealing with similar problem