

Name: _____

Date: _____

Cooking

B Z Z M V D Q M Y O X Q A G Q F M I N E R A L S
E Z R D M Z W G U L S V Y O G H U R T O U K J W
M C W K J Y U H D A P J G Q F G C F N K N W R O
M K J Z A O A S R D I A C D M F M J E E F M T P
P X W K Q A G K E T N E N P B D A E R B Z S J P
S E L P P A O L N M A V O Y W G X B G S K Z C U
P J I L N I E V X C C I L L U L G G P H N S U M
J B Y H G F U X Z Z H O E I Y J N E S E E H C P
G V E G E T A B L E S A M Y B N Q S E U S U Y K
A G R E G G S V E I I Y R E J T T G M I Q C L I
C R X C E R E A L S P I E U Y O F F R A D M L N
J P L X U R J K A U Z I T R R R F P I T V D P Y
K G A D W X G A T Z R Q A G I A Y N Q U C N L G
T V I U E A V F B I J N W Z A N R Z Y U F S G Y
T M A V Y H U L J G J D L K D G T V A H E Y G I
U R C W J G W V V D G K X P V E L Y T F R U I T
Q J X L E G U M E S L D L P I S U V S G M T T A
P T Z B O I B B V Y T C J X T V O C A F T I T A
W H E A T I S A O O A J O Q A E P T P X O G I N
S G A N S B R N F M E W I J M E T W H L R J Q U
T B F I B C I A W W M I K Z I K L Z S Y R X N T
L T G X O Q P N Z E H R L P N L N C I I A K H S
E D L Q I W Q A F T C A H R S I R A F X C M G W
E H X F S U C S V U X Y H J W M Q N T E W X O J

- | | | | | |
|------------|------------|----------|----------|---------|
| Watermelon | Vegetables | Minerals | Vitamins | Bananas |
| Oranges | Spinach | Pumpkin | Legumes | Poultry |
| Yoghurt | Cereals | Apples | Carrot | Cheese |
| Fruit | Dairy | Pasta | Bread | Wheat |
| Nuts | Fish | Meat | Milk | Eggs |