

Name: _____

Date: _____

Cooking Methods

T M M A H T S A O R H N G Q I B I
U W T E A B Q I F A L B Q B P E C
B M W C S Q W O A O H D C S B Q R
K H E F Y R F R I T S V C T H L F
R B C G N I W E T S N A Y K Y K W
K P Q A T S F O H J B S V I C F J
Z D O I O O R J E T U A S W A T M
E D Q H U P Y I M U B H R C B I L
Z D C L V I D A E G B X M F C P V
D I J L K Q E J R R J S O R X L P
C N Q Y C T E T A I E W O V H D M
P E R F S O G K R L T W Y L G M G
M E Z M Y C N Z Q L A A K T O U L
Z K U Y R Y S G J V F Q E M H F I
I A N M E R X G E X T M O H H D O
R B N A W K S W V B K V Y D E Q B
S V H N G Q C X R C P V M W X R V

microwave stir-fry

stewing

reheat

saute

poach

steam

grill

roast

bake

boil

fry