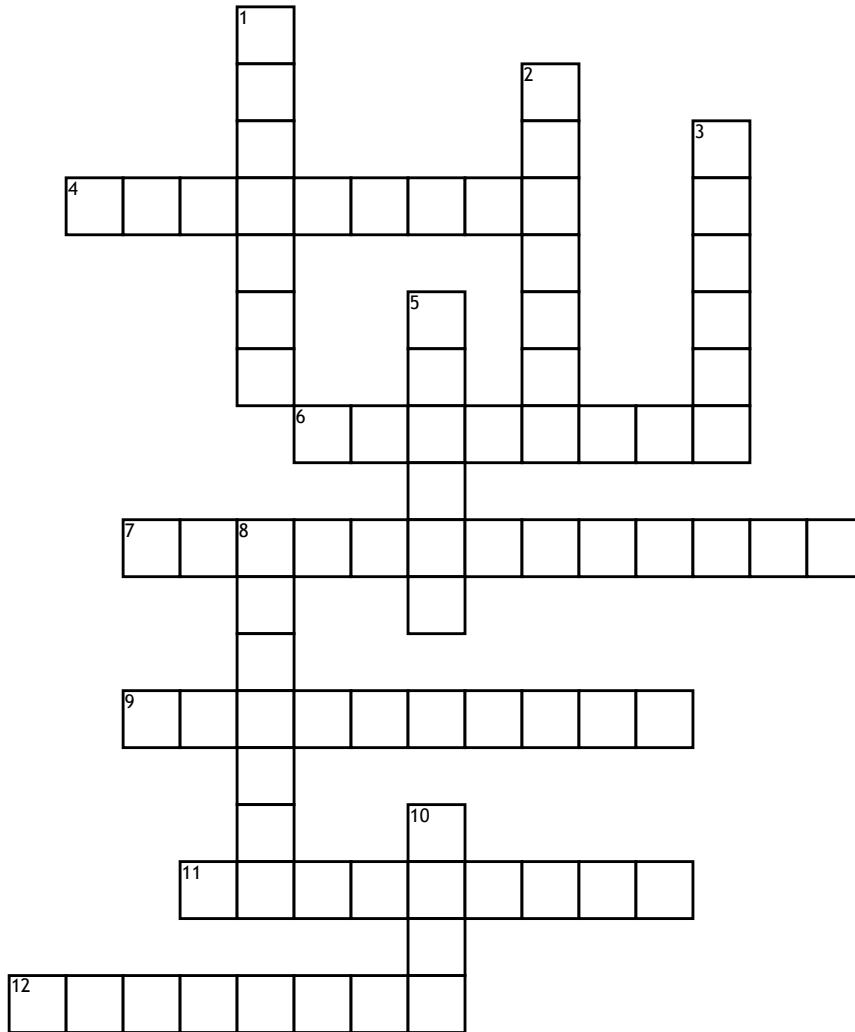


Cooking Around the World



Across

4. Parts of food you need to be healthy

6. Mexican corn or wheat flour flatbread

7. Food group that includes sugars & starches

9. Utensils used to eat Chinese food

11. A spice held in common between many Mexican & Indian dishes

12. Stir fried Chinese noodles

Down

1. Means "little donkey" in Spanish

2. Type of rice used in Indian dishes

3. Ethiopian flatbread

5. Ethiopian tradition of friendship and love

8. Creamy Italian rice dish

10. Thick, Indian flatbread

Word Bank

Nutrients

Burrito

Coriander

Basmati

Chopsticks

Carbohydrates

Chow mein

Tortilla

Injera

Risotto

Gursha

Naan