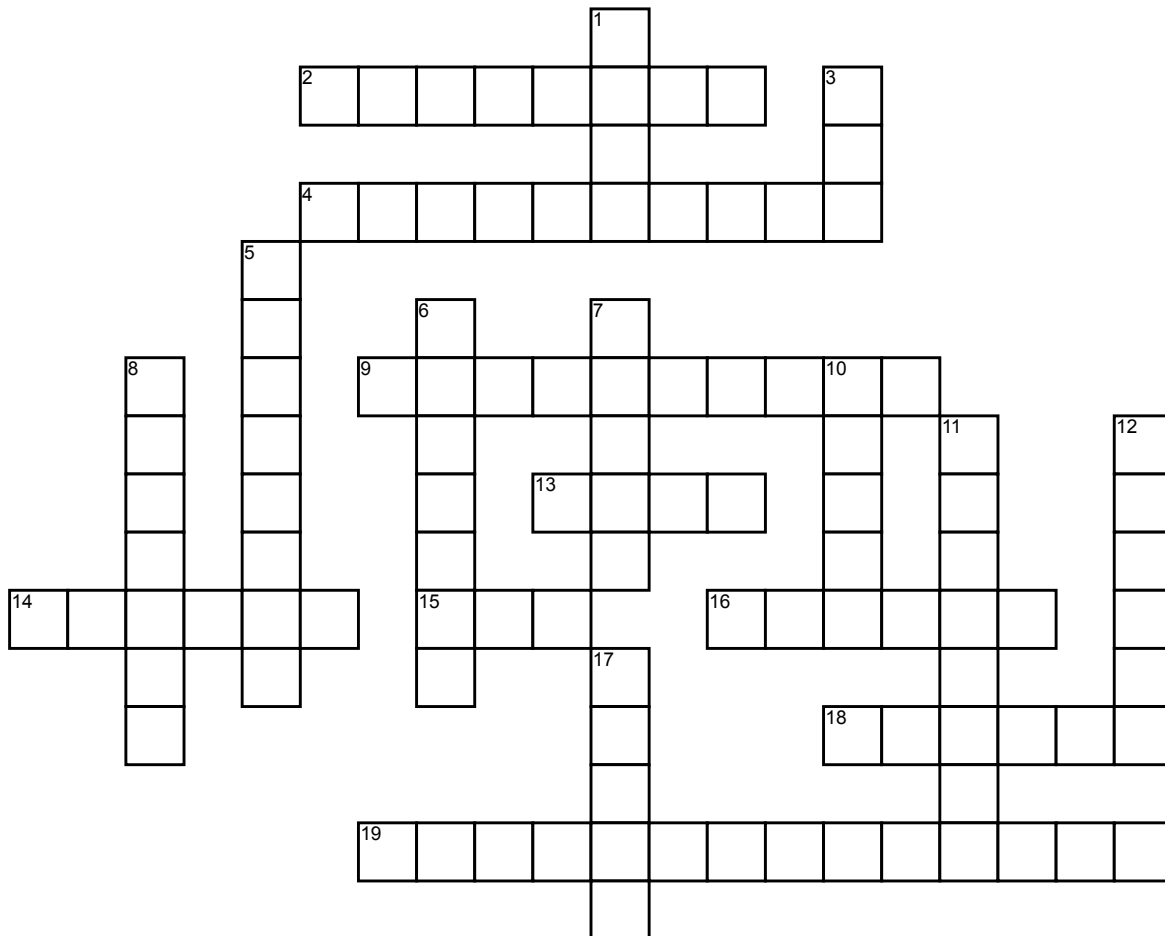


Computing - Ergonomics Crossword



Across

2. Forearms should be to the desk
 4. Seat height should be
 9. The science of is the study of people's efficiency in their working environment
 13. Your legs should at the knee.
 14. If you feel you have to stretch your fingers to reach the keyboard, then move it to you.
 15. The screen should be positioned just below your level.

16. you should take a break every minutes.

18. You should frequently take

19. data improves the user experience during the design process

Down

1. Feet should be on the floor

3. If you sit too far away or too close to your monitor you could suffer fromstrain

5. Keeping while you work is important

6. Try to make sure your desk is not

7. Adjust your chair height so are about level with your hips

8. Sit back in your chair to ensure you have good back

10. The mouse should be to the keyboard

11. Use a if needed

12. improve air quality around the work area

17. The monitor should be free from