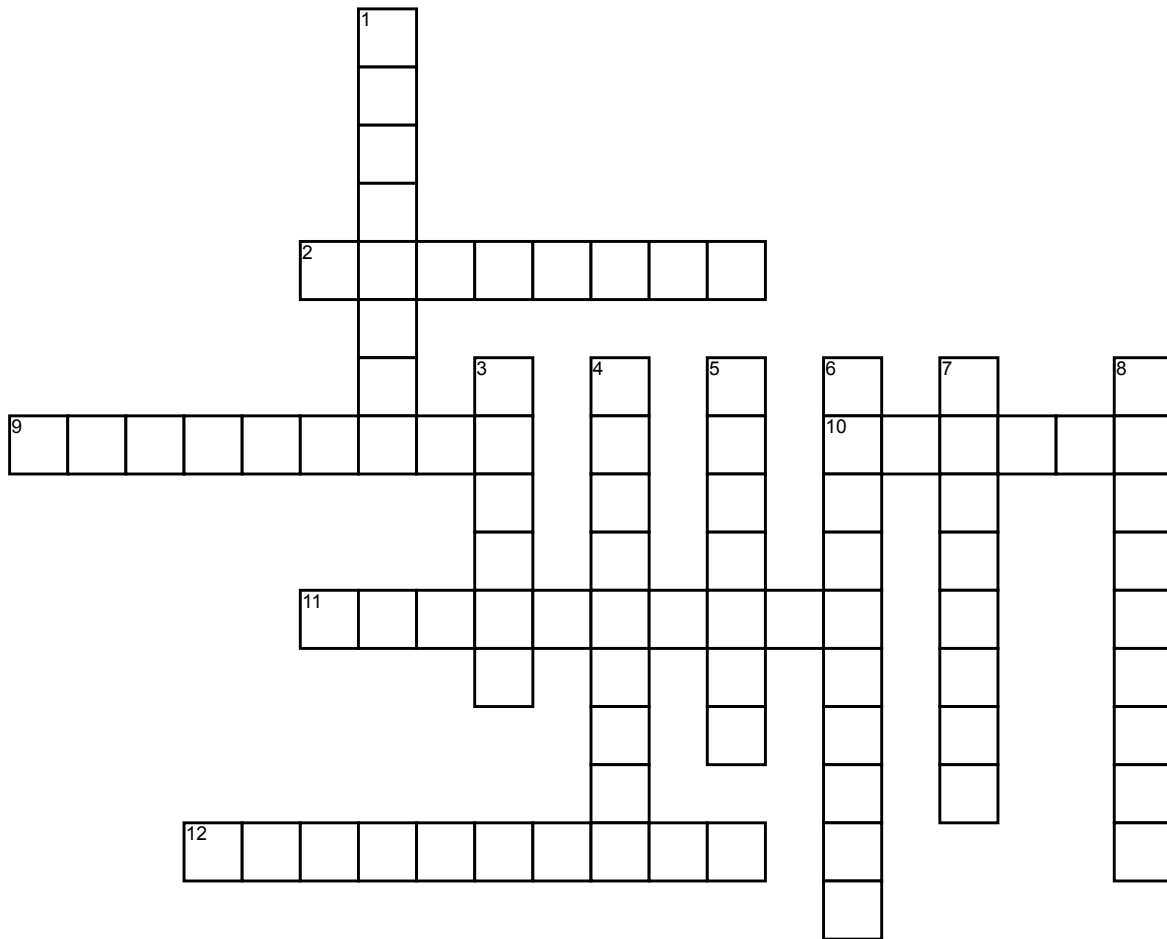


Name: _____

Date: _____

Complete the crossword below related to sports massage and muscle



Across

- 2. Another name for smooth muscle
- 9. The basic functional unit of a skeletal muscle
- 10. The point where a muscle attaches to the stationary bone of a joint
- 11. The connective tissue that surrounds each individual muscle fibre within a fascicle

12. The plasma membrane of a muscle cell

Down

- 1. Another term for a muscle cell or muscle fibre
- 3. A strong cord of dense connective tissue that attaches muscles to bone, to the skin or to other muscles
- 4. Outer layer of connective tissue that encircles the whole muscle

5. Mineral necessary for muscle contraction

- 6. A function of the muscular system
- 7. The replacement of connective tissue by scar tissue
- 8. The point where a muscle attaches to the moving bone of a joint