

Name: _____ Date: _____

Cognitive Behavior & Distortions

1. RFTINILEG _____
2. NBMLIGA _____
3. ARLPEIZOD KTNNHIGI _____
4. SAYWLA NIGEB TRIHG _____
5. ROTNOCL LSCEFAALI _____
6. EMANTIOLO NROIGASEN _____
7. IPGHRZSTAACTNOI _____
8. LBGLEIAN _____
9. YLAAFCL FO GCENAH _____
10. NJMPGIU OT NSCUOONLISC _____
11. OSLNTIEARIONPZA _____
12. NIEREIOOAVEANZRGLT _____
13. LALFCYA OF SFRINEAS _____
14. SDOLUSH _____
15. NESEHVA DERWAR YCALAFL _____