

Clinical Depression

T P T R U H J M T S F H E L P L E S S N E S S X
E B S A D X N D R E S P S F O W W Q E Y O Q B V
Z L V Z D D K L O R S Q U A V X A R O T Y O H E
J D W C L S K G U X E T O T E E X R S C Z Q Y Y
S M A P A T H Y B X N R I I R H E C N N X X T R
Y B J U A U P C L Z S Q X G S U M P R O F P E I
T L F T I Z D Q E G S S N U L D Y B F I F B G S
Q Q U N J I A A E M E B A E E E D E G T O X D U
Z B M E Q S S S A Z L D X R E O O Y Y A D M I Z
B I P T W T Z Y T S T N D F P V J P J R S O F J
W H T N V H G I I D S T V R I A F O W T O S Z E
G W C O D G Y M N Z E F P I N I M B O N C E Q M
N E C C W U G O G X R P H C G W F N R E I B P B
I I I S W O D A B I N S O M N I A U T C A Q Z D
P G Z I J H Y L R W E I G H T L O S S N L R M E
E H E D X T Q I R R I T A B I L I T Y O I C Y P
E T B Y V L G U I L T B W S B L F R U C S D L R
L G X P D A T H Q U X E H W A I E I T F O H R E
S A X P Q D Q A G N I W S D O O M H Y O L R W S
R I V A O I I P R L D W K Y G W S K M K A N N S
E N A H R C L P W P V Q T D I Z H C Q C T T Z E
D H N N P I T Y Y T F X U T U V D V C A I K Q D
N U L U N U H S F N O I T A T I G A O L O E A P
U Y M J P S U L D G K J T F P Z X M U U N I M X

lack of concentration
undersleeping
restlessness
Mood Swing
Anxious
apathy

Suicidal Thoughts
Helplessness
weight gain
agitation
fatigue
guilt

social isolation
irritability
weight loss
Depressed
Fidgety
Happy

Trouble Eating
Oversleeping
discontent
Insomnia
Unhappy
Sad