

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Chapter 5, Tongue and Syndrome

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|------------------------------------------------------------------------|------------------------|
| 1. Red tongue with yellow coating                                      | A. Yang Collapse       |
| 2. Red tongue with no coating                                          | B. Deficient Cold      |
| 3. Thin and yellow coating                                             | C. Damp-Heat in UB     |
| 4. Thin, white and moist tongue coating                                | D. ST Fire             |
| 5. Pale tongue with thick white coating                                | E. Excessive Heat      |
| 6. Pale tongue with thin white coating                                 | F. Yang Deficiency     |
| 7. Dry tongue with thin or no coating                                  | G. Cold Dampness       |
| 8. Thick and sticky tongue coating                                     | H. Wind Dampness       |
| 9. Pale tongue with white coating, possibly swollen too.               | I. SP Qi Deficiency    |
| 10. Pale and Moist Tongue + Thready and Fading Pulse.                  | J. Excessive Cold      |
| 11. Red and Dry tongue. Thready, Rapid and Weak Pulse.                 | K. LI fire             |
| 12. Pale tongue and possibly slightly dry.                             | L. Exterior Heat       |
| 13. Blue purple tongue with petechiae.                                 | M. HT fire             |
| 14. Red tip of tongue with red spots.                                  | N. Exterior Cold       |
| 15. Teeth marks                                                        | O. Yin Collapse        |
| 16. Red tongue on the sides.                                           | P. Damp-Heat           |
| 17. Red tongue in the center with a dry yellow or dark yellow coating. | Q. Blood Stasis        |
| 18. Thick Yellow Tongue Coating                                        | R. Deficiency Syndrome |
| 19. Red with redder tip and yellow coating                             | S. SI fire             |
| 20. Thick, Sticky Yellow Coating.                                      | T. Deficiency Heat     |
| 21. White, thick and greasy coating.                                   | U. Excess Syndrome     |
| 22. Thick and greasy tongue coating                                    | V. LR & GB fire        |
| 23. Red tongue with yellow greasy tongue coating.                      | W. Blood Deficiency    |