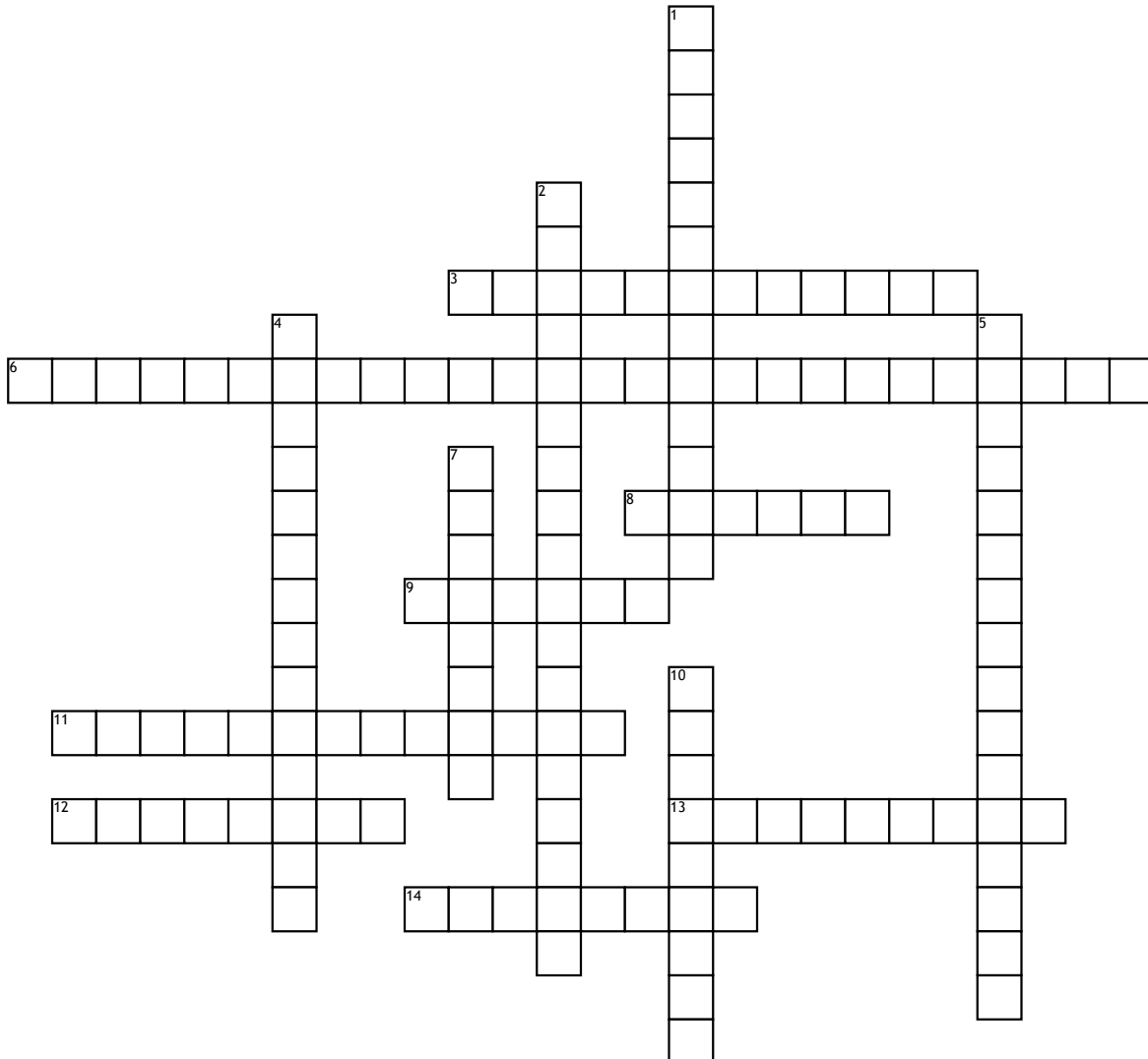


Chapter 2



Across

3. goal you plan to reach over an extended period of time
 6. sharing thoughts, feelings, between people
 8. beliefs that guide the way a person lives, right/wrong
 9. your body's response to changes around you
 11. ways to say no effectively

12. disagreement between people with opposing viewpoints

13. person who inspires you to act or think in a certain way

14. taking action in support of a cause

Down

1. goal you plan to reach in a short length of time
 2. finding a solution to a disagreement

4. process of making a choice or solving a problem

5. identifying sources of stress, learning how to handle it

7. standards on which to base decisions

10. the way you think, feel and act