

Chapter 1: Keeping it Clean

Y H C T I U A Z Z E O R M R P H P
R A W / R C C G U V C W A R A Z E
H W A R T S Y V W W F I K Z L S P
D B L S E R U T N E D I L U S K H
E S C E N Z G U M D I S E A S E D
O P W A T H L E T E S F O O T W R
T L B K O F E D C Y C Y T K O E M
I I P Z B U S E I T I V A C M A S
N T A B S N O C U T / S C R A P E
G E C E Y G G / C B L I S T E R S
R N N V F U A R T R R A M E Z C E
O D E / I S N E K O R B W U R R S
W S Z L M Z I I F / Z V M / G C M
N S E L C I T U C D E G G A R Y H
F F U R D N A D Y V T F K F W M S
G M F T N R U B N U S R H F L K W
F A D Y L S I G P E E L I N G / Y

Ragged Cuticles

Athletes Foot

Gum Disease

Cut/Scrape

Split Ends

Dentures

Cavities

Blisters

Dandruff

Ingrown

Sunburn

Peeling

Broken

Fungus

Eczema

Itchy

Warts

Lice

Acne

Rash