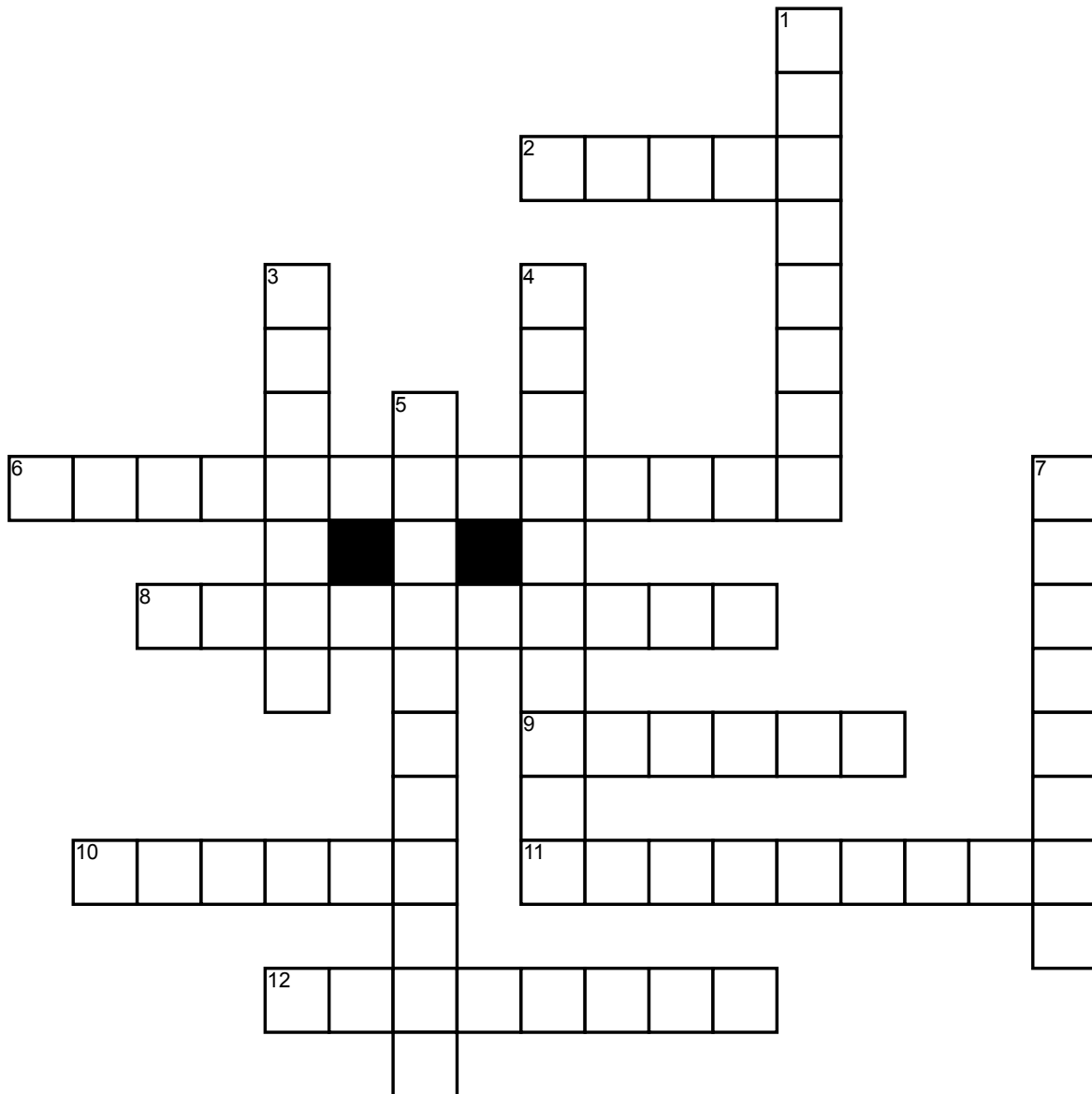


# Chapter 19 Nutrition and Fluids



## **Across**

- 2.** The swelling of body tissues with water  
**6.** Dietary fat not needed by the body is stored as \_\_\_\_\_  
**8.** How a serving fits into the daily diet  
**9.** The amount of fluid taken in  
**10.** The amount of fluid lost

- 11.** The process involved in ingestion, digestion, absorption, and use of foods by the body  
**12.** The loss of appetite

## **Down**

- 1.** A measuring container for fluid  
**3.** The fuel or energy value of food

- 4.** Breathing fluid, vomitus, or an object into the lungs  
**5.** A decrease in the amount of water in body tissues  
**7.** A substance that is ingested, absorbed, and used by the body