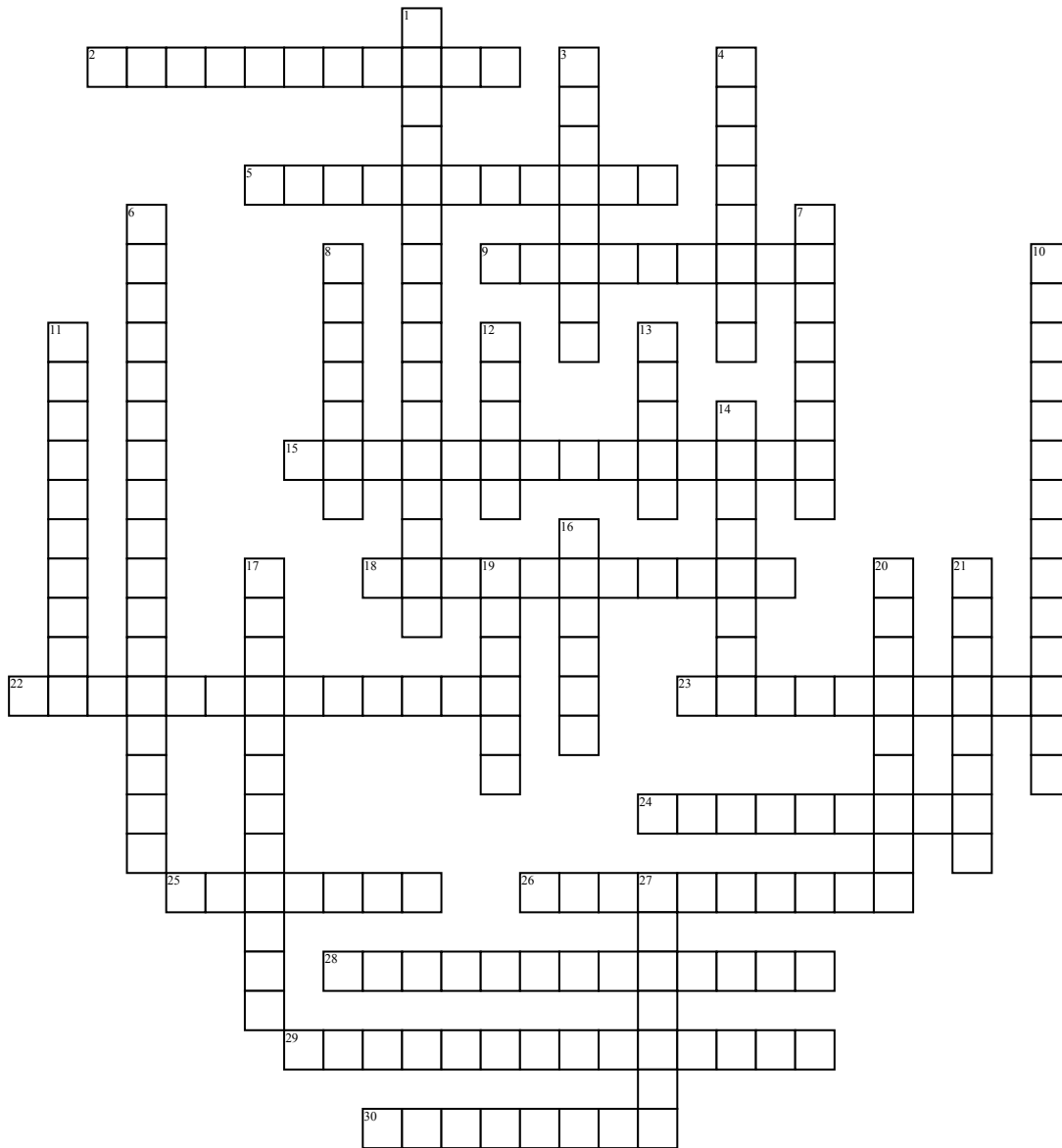


# Capitulo 7



## Across

2. to gain weight  
 5. to lose weight  
 9. to wear out  
 15. to change someone's diet  
 18. to become thinner  
 22. to lift weights  
 23. to be addicted  
 24. to relax  
 25. to provide

26. to train  
 28. to go on a diet  
 29. to exercise  
 30. to consume

## Down

1. balanced diet  
 3. to increase  
 4. to tire  
 6. to lead a healthy life  
 7. to snack  
 8. to add  
 10. to be a vegetarian

11. to gain weight  
 12. to sweat  
 13. more of  
 14. less than  
 16. more than  
 17. to be in shape  
 19. menos de  
 20. to stretch  
 21. to contain  
 27. to reduce