

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Canadian Fast Food

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|----------------------------------------|---------------------------------|
| 1. A&W Teen burger                     | A. 340 cal, 22g fat, 9 carbs    |
| 2. A&W Lettuce Wrapped Teen Burger     | B. 450 cal, 21g fat, 33g carbs  |
| 3. A&W Beyond Meat Burger              | C. 120 cal, 2.5g fat, 10g carbs |
| 4. A&W All Canadian Breakfast Special  | D. 250 cal, 4g fat, 43g carbs   |
| 5. A&W Regular Fries                   | E. 565 cal, 9g fat, 80g carbs   |
| 6. A&W Onion Rings                     | F. 270 cal, 4g fat, 42g carbs   |
| 7. Edo's Teriyaki Chicken              | G. 440 cal, 35g fat, 21g carbs  |
| 8. Edo's Chicken Chop Chop Bowl        | H. 390 cal, 18g fat, 54g carbs  |
| 9. Subway Black Forest Ham 6" Sub      | I. 110 cal, 3g fat, 13g carbs   |
| 10. Subway Oven Roasted Chicken 6" Sub | J. 500 cal, 29g fat, 40g carbs  |
| 11. Subway Black Forest Ham Salad      | K. 512 cal, 6g fat, 76g carbs   |
| 12. Subway Oven Roasted Chicken Salad  | L. 920 cal, 52g fat, 72 carbs   |
| 13. Arby's Classic Beef 'n Cheddar     | M. 350 cal, 17g fat, 46g carbs  |
| 14. Arby's Roast Turkey Ranch & Bacon  | N. 240 cal, 6g fat, 40g carbs   |
| 15. McDonald's Big Mac                 | O. 570 cal, 32g fat, 47g carbs  |
| 16. McDonald's Sausage 'N Egg McMuffin | P. 780 cal, 34g fat, 77g carbs  |
| 17. McDonald's Regular Fries           | Q. 520 cal, 32g fat, 50g carbs  |
| 18. McDonald's Vanilla Cone            | R. 500 cal, 26g fat, 39g carbs  |