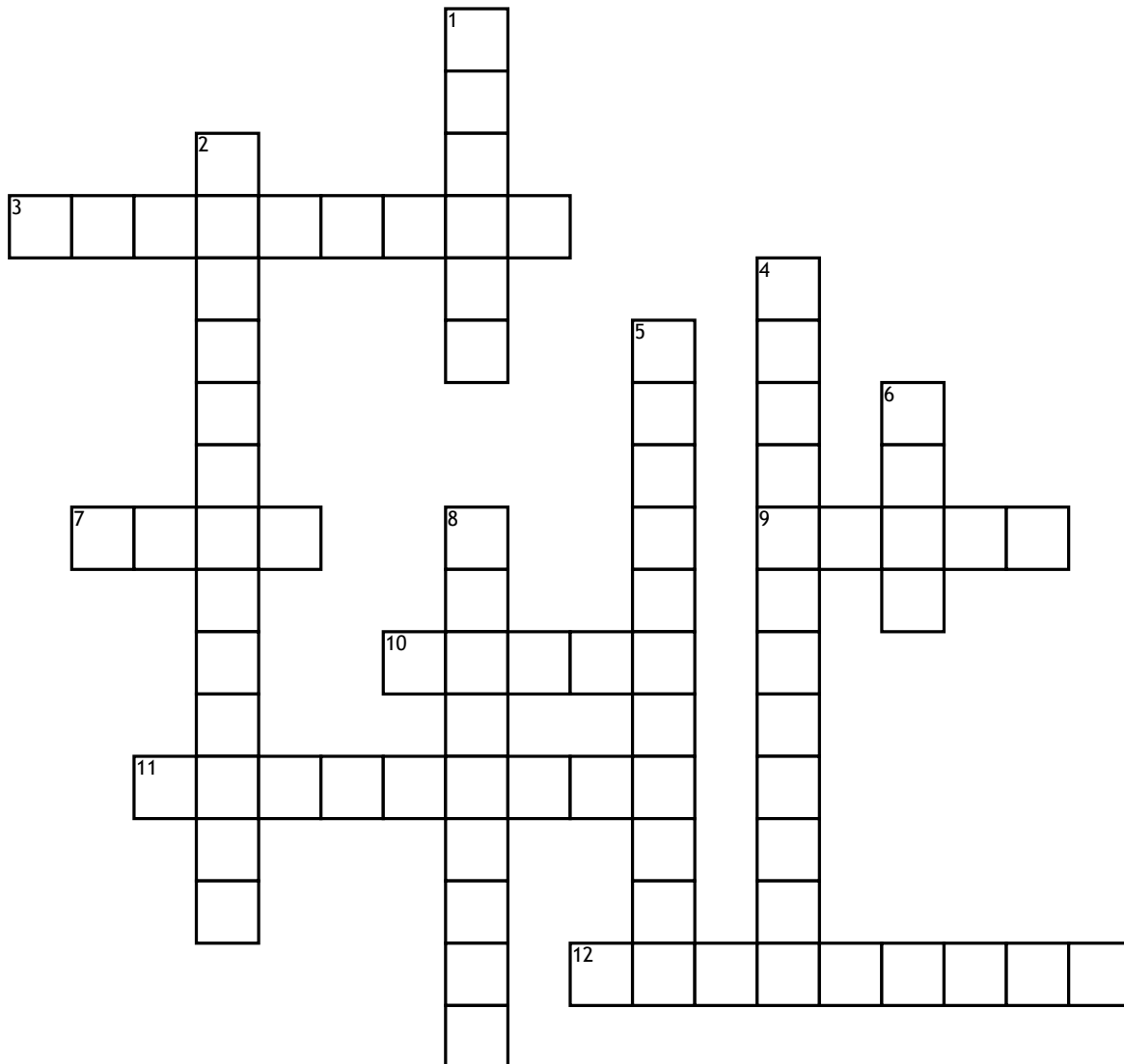


Breasts and Bras



Across

3. This type of tissue is where milk is produced and stored

7. One breast is often larger than the other TRUE/FALSE

9. If your breast spill over the top of the cups it is a sign that your bra cup is too _____

10. Your bra size never changes TRUE/FALSE

11. These important structures provide some support to the breasts

12. This part of a bra should remain level all the way round your body

Down

1. You should check these when you are trying on a bra to make sure they don't slip off your shoulders

2. This type of sports bra supports each breast separately

4. You can reduce this movement by wearing a well fitted sports bra

5. This type of sports bra squashes your breasts against the body

6. The centre front of your bra should sit _____ against your chest

8. As well as a good bra, another important aspect of breast health is breast _____