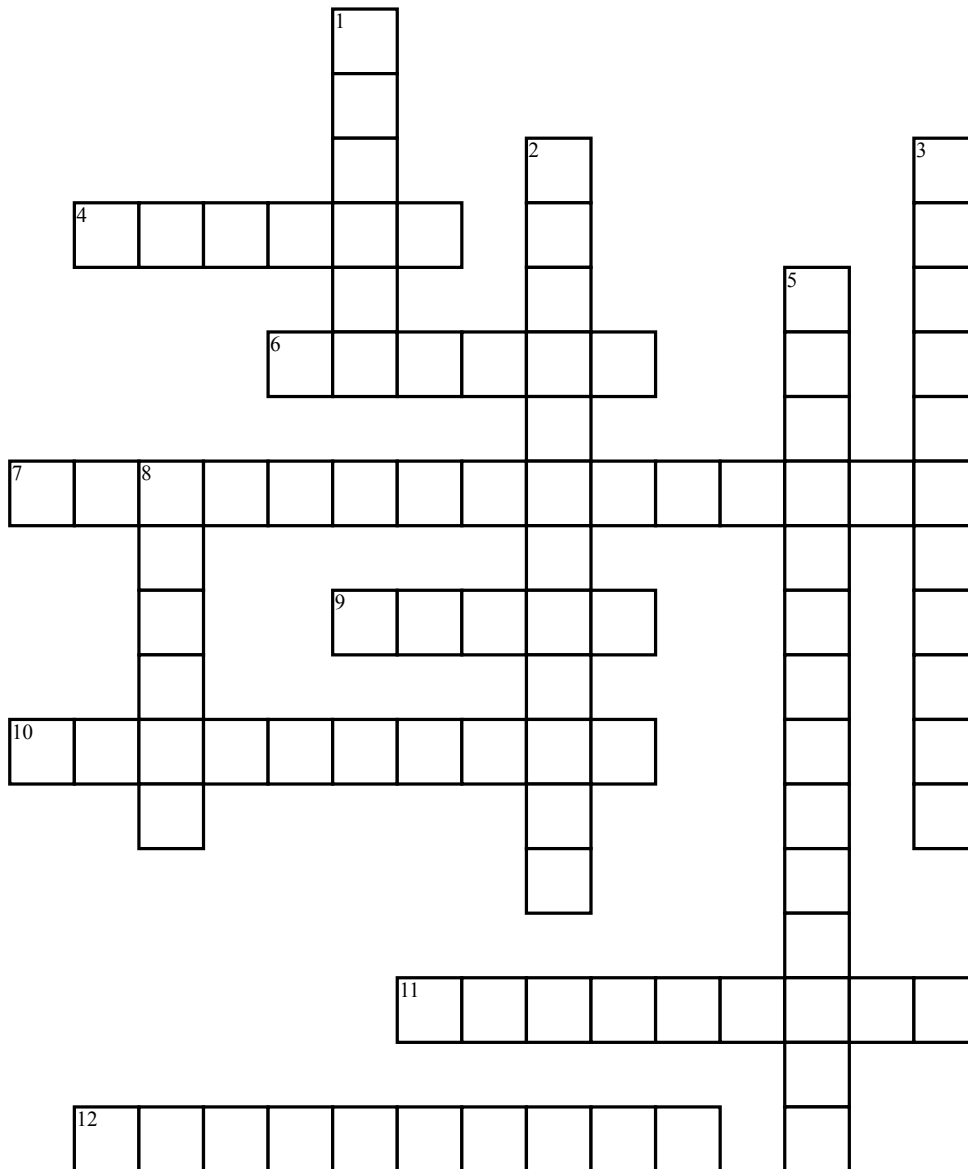


Bread, Cereal, Rice, And Pasta



Across

- 4. increasing in volume
- 6. elastic substance formed from the protein in flour when the flour is mixed with water
- 7. cereals that require cooking before serving
- 9. grain products made from a special durum wheat which is high in gluten and adds protein to the diet

- 10. cereals cooked and ready for the table
 - 11. substance used to make food light in weight or force food to rise by producing gas
 - 12. bread that doesn't need rising or kneading
- Down**
- 1. grain or seed from corn, wheat, rice, oats, etc.

- 2. oats that are cut into two or three pieces instead of being rolled
- 3. a substance produced by the body which also can be found in foods
- 5. thickening or soft gel which forms when starches are cooked
- 8. common name for grains