

# Boundaries

K G L W C E Q M G G J P Y G D E F I N I N G R P  
G Y Q Y U T J D N D Z Z F E G D Y F E E V O H M  
J X Y A O N L O I T I M E K C X Q Z V J V U K P  
T Q D Q V G N I T A R T N E C N O C E N H T U U  
S G T T T W E T A I R P O R P P A D K F U N U G  
Y H T L A E H E C P F A Q W L R M J C X R P Y N  
V N H O B Y O J I E C J T A Q Q J R R K I K N I  
L W V P S D K N N W H V N V L G W T U N O D C Z  
A S E I R A D N U O B O V T P F R T T Z K E I I  
I K Y T L A I M M I I N X A T L R E N J E S T N  
R X S N A H H N M T T H C Z W U L P H W C U O G  
E V X T H N E R O B K L J R S L T Y U M N C A O  
T S X O Z M E M C Z L G E T E Y W B M J A O Q C  
A P G W P N E O D M Z M I C X B T Y W F T F R E  
M J I W S A N O V I D N T D D B C W C P N G L R  
G N I W O N K S E B G U K B E T E S Q H I P J X  
M G Q T U N E C Z H A D D H C O P Q P Y A A C A  
Z Q P L U X F R Q L U L G U I N S C Y S U A M H  
I X S O U J P U M B N L W T S L E K Y I Q O V L  
X F D A H D I G K Z X M D B I K R B N C C M C K  
P N L G Q G N U Q D U G M J O Z F C V A A S Y T  
R K Z Q F Y N Z D R F B M I N M L U Y L D P K T  
N M Y S G Q S C B S O L R F S W E L M N Z Y U I  
A Z M V A U K U P Y Z D S L H F S X M I D P P D

concentrating  
self respect  
emotional  
defining  
healthy

communicating  
recognizing  
decisions  
trusting  
sexual

intellectual  
appropriate  
material  
knowing  
time

acquaintance  
boundaries  
physical  
focused