

Bootcamp Wordsearch

D Q Z L S R E T A K S D E E P S V
V A A Y J S R M L A X R S K B L F
J S R E K C I P Y R R E H C J T U
J Q K S B H N I S X L D W S W U G
H V P P P R Z D W T Z V U V Q T C
J U I I B G T K T E G Z I H S X Z
U V S D K N K E T A M C A R D I O
M T R T K R K E U M G X L X S H G
P W F G L B Q X B W E P P E L M J
I M V U N E P O B O R X L G P R E
N B V H C I L Y T R Z F M X L H Y
G L U Z G W O H T K F T E E A R Y
J D U R L D R W P U L H X H N T Y
A K O N P U G S H I P J P H K Z J
C P X C G E H S P C M U G H S H M
K U G Y H E E A D P Q C A H Y D S
S N A G C L S S I I E J Y H M B X

cherry pickers

teamwork

burpees

planks

speed skaters

shuffles

cardio

lunges

jumping jacks

kettles

hustle

dips