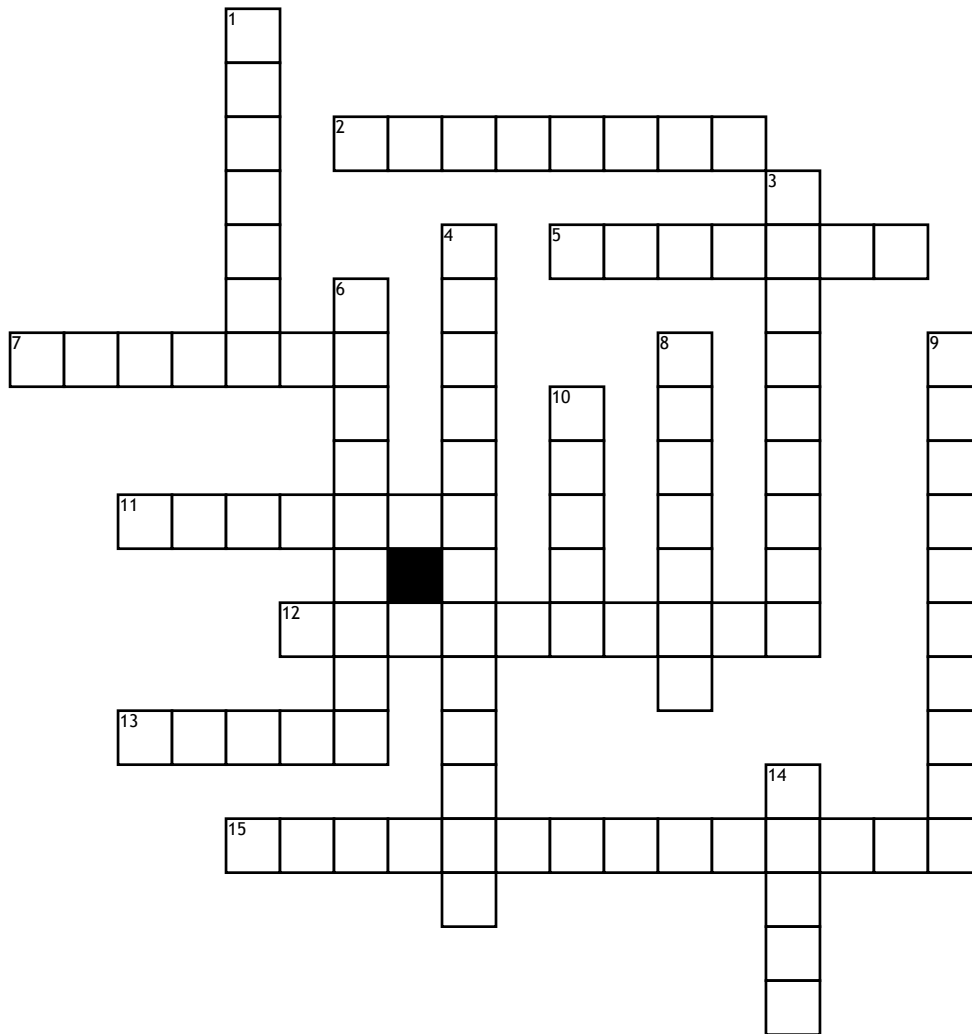


# Bones and muscles



**Across**

- 2. The name for the collar bone (8)
- 5. Name for the skull (7)
- 7. What is the name for the knee cap (7)
- 11. What is the movement called when we bend our arms or legs (7)
- 12. What is the muscle at the back of the thigh called? (10)

- 13. Elbow and knee are a type of \_\_\_\_\_ joint (5)

- 15. Biggest muscle in the body (7,7)

**Down**

- 1. The head of PE (2,5)
- 3. Joins bone to bone (9)
- 4. The shoulder is a type of \_\_\_\_\_ joint (4,3,6)
- 6. Acts as a shock absorber in a joint (9)
- 8. Joins muscle to muscle (7)

- 9. The muscle group we make stronger when we do sit ups (10)

- 10. What is the biggest bone in the body? (5)

- 14. What muscle causes flexion at the elbow (5)

**Word Bank**

- |                 |           |            |                 |
|-----------------|-----------|------------|-----------------|
| Gluteus Maximus | Mr Johal  | Femur      | Ball and socket |
| Clavicle        | Ligaments | Hinge      | Cranium         |
| Bicep           | Flexion   | Hamstrings | Tendons         |
| Abdominals      | Patella   | Cartilage  |                 |