

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Body Types and Body Mass Index

A Q Y O E C T O M O R P H T T L T T G G V S N K  
N T C Y R W F K R R L I H C E X X X D W Y M O I  
Q G Q R R A V I Y X W K H U V L J H R M J X T K  
M I L J T T E L L O M E N Y F D W K M P G H S T  
Z P P D W J P O H I J P M X D R E E S K I H F E  
B Z E W K V J G B A D A H C H U T F D N E P W K  
Q L Z E O A A R V B H H T P Q R A X L X M R C J  
E G E P P G N A H F M S J Y I A U J N G E O P F  
B L E A E R E M O W D R A C R R B F K B T M P L  
B D L H V B B S X T K A A Y Z X M N J X R O Y L  
B T C S K U A P U C N L T Q D P B Y K M E D U N  
P X S R J F F P Q F B U F X U D E X U Y S N S A  
L Q U A B M E O S U T G C N K I S I N U G E J U  
C A M L F P Q W I C A N W A D N S N F V U X B M  
H Q W U N N X L X W F A H P R O M O S E M K N D  
T J N G N I D J S K W T B D B V K T F R R T I J  
L H S N Z M Y X S J D C D T O M C Q Z B W L W I  
A G Y A A N A T H G I E W R E D N U I B O E S J  
S K Q I Z I X P V K B R H C E F S J N X B A F K  
U D B R B E J I H R G N Y T D T B O C V G J I O  
T U R T F J A G O I G R E S P L R N V W V Y B P  
D N N F T D F B O D Y M A S S I N D E X V E K W  
W T K A I Q X N O C L H U A D L K B K M S T G V  
H P C B M S I L O B A T E M C L I U D E S T F U

Rectangular Shape  
Body Mass Index  
Kilograms  
Endomorph  
Obese

Symmetrical Build  
Underweight  
Ectomorph  
Metres  
Fat

Triangular Shape  
Metabolism  
Mesomorph  
Muscle