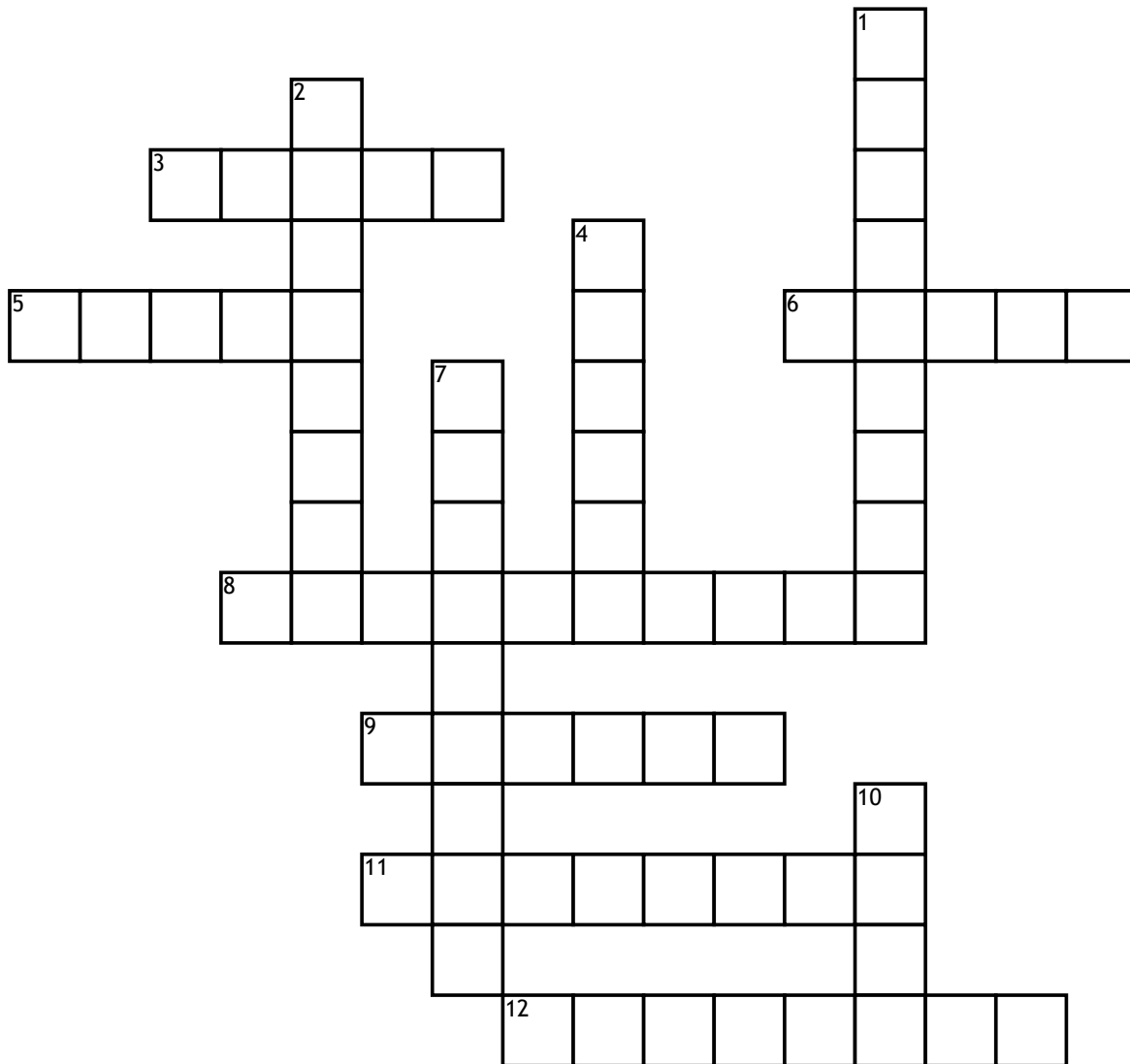


Body Mechanics



Across

3. place over 70 on the....

5. move feet dont

6. ... opposite corners

8. seek from others when needed

9. lift with a ..., steady motion

11. position body to avoid ... motions

12. position feet width apart

Down

1. Maximun strength

2. test the object for shifting

4. get close to the ...

7. use existing....

10. ... at the knees