

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Body Massage - Contra-indications & Special Care

- |   |                      |
|---|----------------------|
| 1. Heart Disease                                | A. Special Care      |
| 2. Thrombosis                                   | B. Contra-indication |
| 3. Cancer                                       | C. Contra-indication |
| 4. Neuritis                                     | D. Special Care      |
| 5. Acute Infectious Disease                     | E. Special Care      |
| 6. Dysfunction / Disorder of the nervous system | F. Contra-indication |
| 7. Haemophilia                                  | G. Contra-indication |
| 8. Drink / Drugs Intoxication                   | H. Contra-indication |
| 9. Increased temperature / fever                | I. Contra-indication |
| 10. Undiagnosed pain / lumps / edema            | J. Contra-indication |
| 11. Epilepsy                                    | K. Contra-indication |
| 12. Diabetes                                    | L. Special Care      |
| 13. Pregnancy                                   | M. Special Care      |
| 14. Tissue injuries & recent scar tissue        | N. Special Care      |
| 15. After a heavy meal                          | O. Contra-indication |
| 16. Varicose Veins                              | P. Contra-indication |
| 17. Client with limited mobility                | Q. Special Care      |