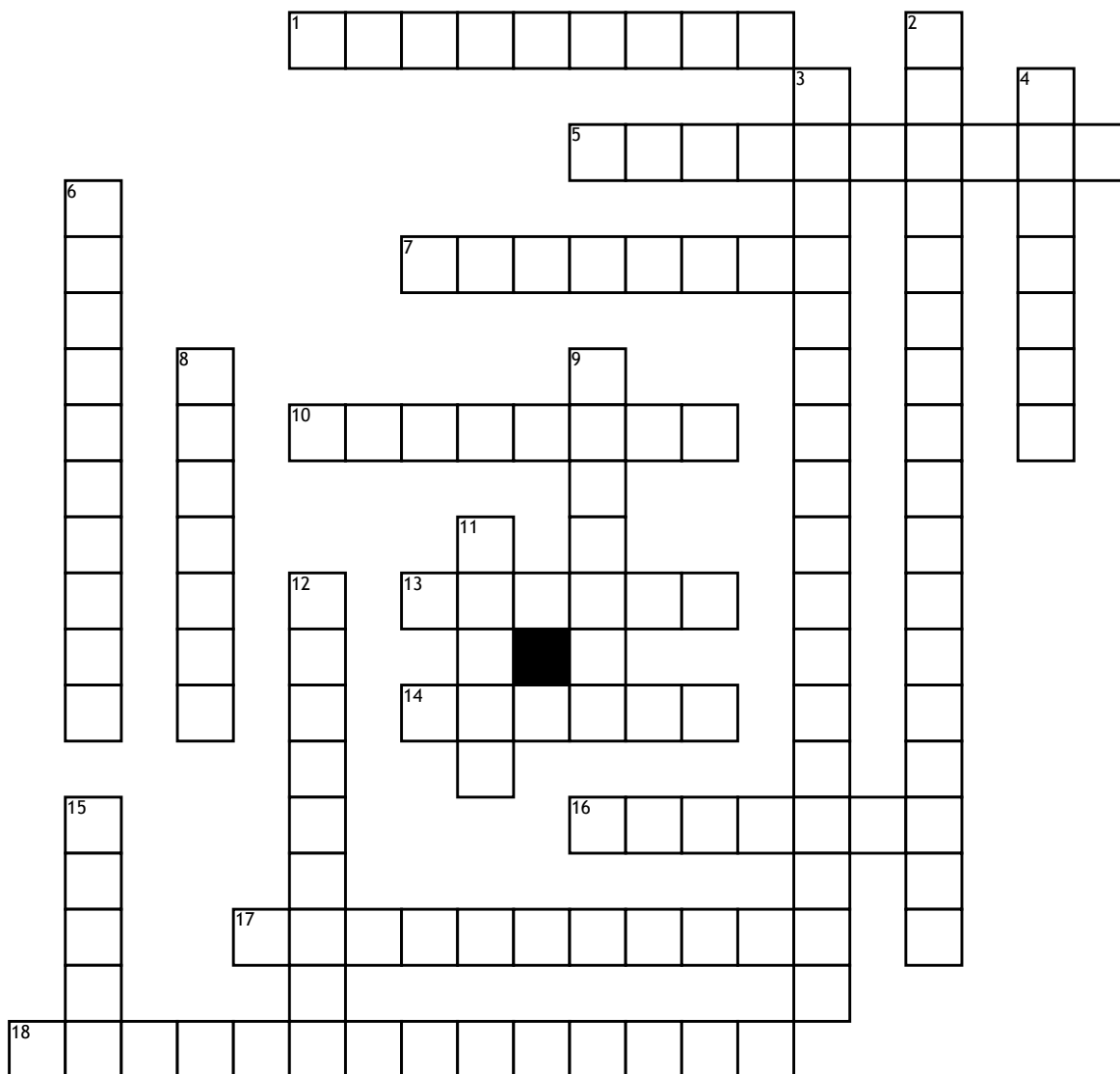


# Body Image



## Across

1. \_\_\_\_\_ refers to the way we see our bodies and the way we think others see our bodies.

5. Feelings of severe despondency and dejection.

7. An eating disorder characterized by markedly reduced appetite or total aversion to food.

10. Teens often experience body image \_\_\_\_\_ in order to fit in with peers.

13. \_\_\_\_\_ members usually influence a teens' body image by criticizing how they look.

14. A body's relative mass or the quantity of matter contained by it, giving rise to a downward force; the heaviness of a person or thing.

16. An emotional disorder involving an obsessive desire to lose weight, in which is extreme overeating followed by self-induced vomiting, purging, or fasting.

17. Persons with \_\_\_\_\_ disorder often eat a very large amount of food and feel out of control while doing so.

18. A condition in which a person eats a very small amount of food or extremely large amounts of food is called an \_\_\_\_\_.

## Down

2. Happy about the way you look and feeling good about your body.

3. Feeling that their looks do not measure up to what society, family, friends, and the media expect.

4. Showing \_\_\_\_\_ is one way to help someone with an eating disorder.

6. Confidence in one's own worth or abilities; self-respect.

8. The condition of being grossly fat or overweight.

9. One method of \_\_\_\_\_ is when a person makes themselves vomit in order to prevent themselves from gaining weight.

11. Both \_\_\_\_\_ and females experience body image pressure.

12. \_\_\_\_\_ themselves the way they are is a step to helping teens improve their body image.

15. Unrealistic ideas about what an ideal body shape is often seen in the \_\_\_\_\_.