

Name: _____

Date: _____

Blue Zone Words

V V Y P P A H N U T
S I B U K E Y W W Q
H R A N N O Y E D K
T R T R C M K L I X
B I I X X S C G G D
O T R V U I I R A T
R A E A N Y S S V T
E T D W L L E W N U
D E L U P S E T F C
X D S Z Y P E E L S

irritated annoyed unhappy sleepy
unwell bored tired upset
sick sad