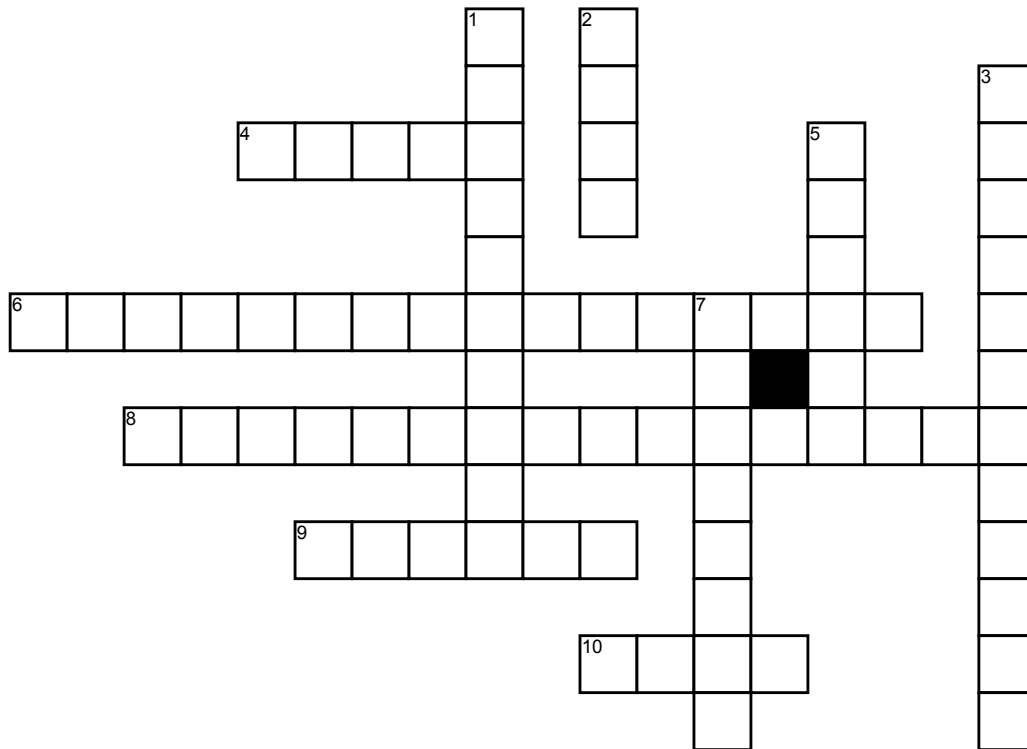


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Blood Bressure



## Across

4. Blood pressure is the force of your \_\_\_\_\_ pushing against the walls of your arteries.
6. An instrument for measuring blood pressure
8. In a blood pressure reading, the \_\_\_\_\_ is the first number recorded
9. Uncontrolled BP can lead to chronic \_\_\_\_\_ disease.
10. A high salt intake can cause BP to \_\_\_\_\_

## Down

1. Treatment for hypertension when lifestyle changes are not enough
2. Placed around arm to check blood pressure
3. Medical term for high blood pressure
5. Managing \_\_\_\_\_ can help lower BP
7. Healthy eating and \_\_\_\_\_ can help lower BP

## Word Bank

cuff	blood	medication
hypertension	sphygmomanometer	kidney
systolic pressure	stress	exercise
rise		