

Name: _____

Date: _____

Bipolar Crossword Puzzle

U E R Z C D A A R F L Q C O A M S I P U F U J T
A G B E O P I S V S O F S V Z A U N L G G M V M
F W Q C G E L I F E L O N G I L L N E S S A J U
M X Z B N C H X S E G U Y M W E I F W K F Y E A
M N W L I Y K I U G R A V S P Q S K P Z X P T C
F Z O B T C C D X I J M E R H P G S B J T O B D
H M G X I L C P S X O A D G G C E U L B U V H P
T Q R A V O N P X N Q Y X O O G S Y T Y J A C S
K Z Y F E T A V O I D S T R E S S A Z V J A J Y
F K Y G B H V R Y E O Y O S H S V S Q Q Q D P C
K Q K Q E Y P P M N H I T K B K Z S O U Q Z Z H
L N M O H M L S B H Q X W F P W T N I O V I N O
K W U P A I X Y I V D M J U Q R I W M A S C Y E
J O K D V C G C F Q Y F Z M B A R H H B V S O D
R Q B Q I D A H F L A C K O F S L E E P Z I T U
X F X M O I N O D V G S L G L U P F O G K V X C
B A W N R S K T T E N U J W O J O E P R E F S A
Z D K G T O O H M X L F I R I I H M J F G E O T
L G Z Y H R P E M A M A N I C E P I S O D E S I
V L O X E D O R C B B R A I N D I S O R D E R O
J I W X R E Z A V P J A Q Q U R A G K X I Q B N
P T O U A R X P Z N C S I Q D X W O W S B D G Y
Y F F O P G D Y V C X S C U T I R D U Y V Y Q O
C N K A Y T D E P R E S S I V E E P I S O D E S

Cognitive behavior therapy

Cyclothymic Disorder

depressive episodes

psycho-education

lifelong illness

brain disorder

manic episodes

psychotherapy

lack of sleep

avoid stress