

Name: _____

Date: _____

Bipolar

A V W S O Y D X E D I I I V R E Z W S N H T N T
J T R Q G L O F L I G H T O F I D E A S P N G H
M U G M J P O J B Y D Y Z U C T Y H K H L J H O
E C K J V E M M L Y H C D B D O K H Y L E N Z U
E P P C I E D Q Y U Z A T B W Q Y P W J A M Z G
T M C Y N L E V I T A K L A T A E G O C S O R H
S J U T S S S I P O Y D G L L R D C R V U S J T
E A V I O D S M E C C Q U U S R C D T T R N R S
F A A L M E E W V U J J Q O G I R X H S A N J O
L M T I N S R T L M A L M G C S Z X L E B S F F
E P P B I A P E J B W N T W E B T B E R L G K D
S U W I A E E F B M I V K I L A F S S E E M X E
D V Q T N R D P A A T D T I C I D T S T A R G A
E N A C I C P O Y Q N I W S K Z Y G N N C I D T
T U Y A R E C D A X V E E N W E W B E I T L R H
A M R R F D E U U I I S I K U M V D S D I C V H
L O D T R E M J T G V A U R W T L U S E V P T W
F Q B S V H I C H L G B Y U P L H V V S I Z N G
N X K I C O A T S T P R E C G I W U B A T D A M
I O B D E L L O H N N X Z F I U E M W E I C Q Y
H V T E A O W G F T G B N K G G S W J R E O V R
D N T O S T I C H B V K D I Q P C Y S C S N U D
S Q G S J E P C F R F F O F A T I G U E X L W S
R F G M W R E O M G M B T Q E U X C X D R X R Z

pleasurable activities
thoughts of death
flight of ideas
worthlessness
weight loss
fatigue

inflated self-esteem
goal activities
decreased sleep
hypersomnia
talkative
guilt

decreased interest
distractibility
Depressed mood
weight gain
insomnia