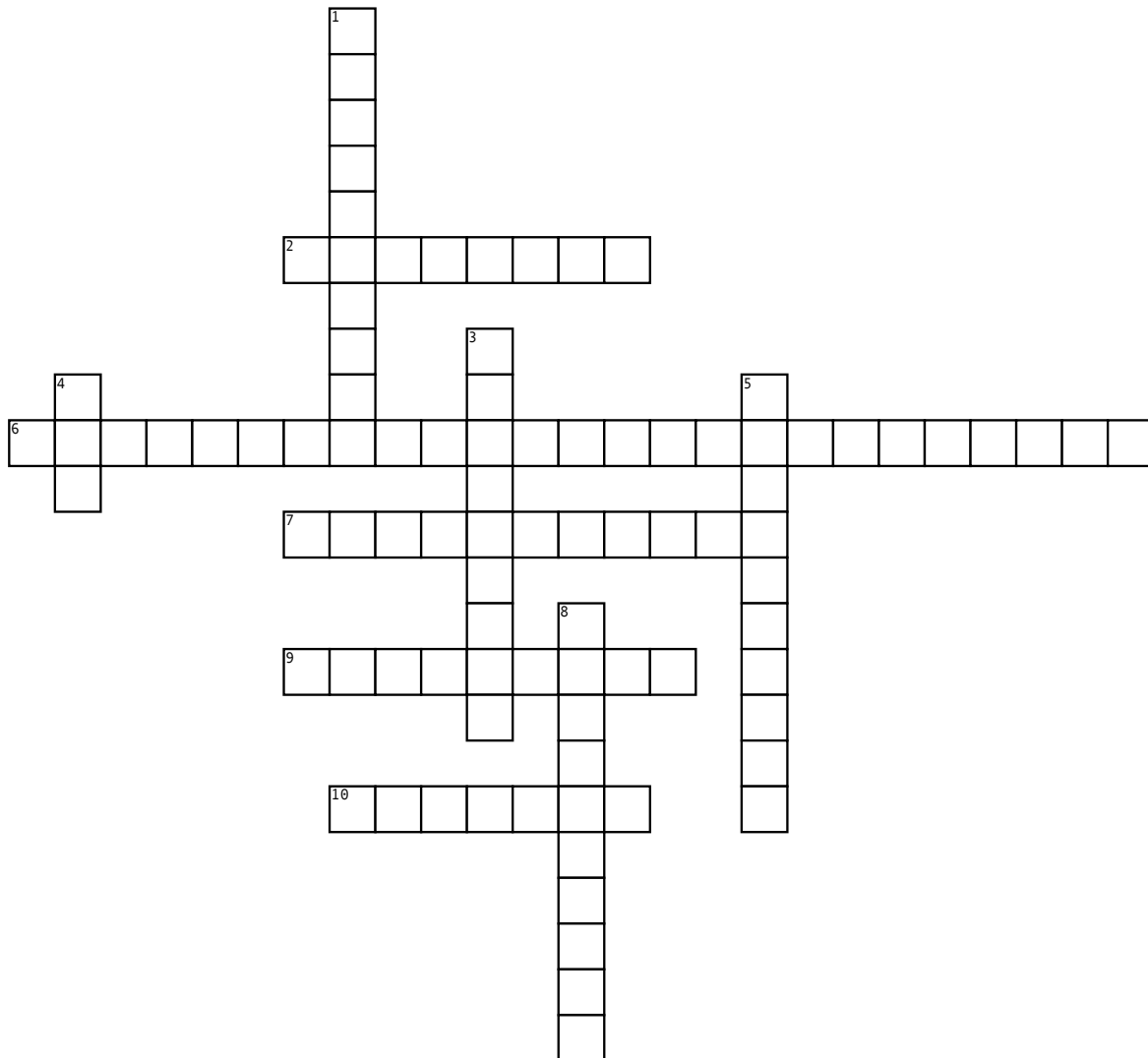


# Biological Rhythms



## Across

2. Is an Endogenous Pacemaker internal or external?
6. What does SAD stand for?
7. What is the name for when a person's body clock is changing after moving through time zones?
9. What is the name of the the rhythm that lasts LESS THAN 24 hours
10. How long does a Circadian Rhythm last?

## Down

1. What type of Infradian Rhythm is SAD?
3. What is the name of the rhythm that lasts LONGER THAN 24 hours
4. In which stage of sleep is a person in complete relaxation?
5. What is the second word of the phrase that describes cues from the environment
8. What is the name and year of the scientist/participant who spent 6 months in a cave?